US HARBORS www.USHarbors.com

Alexandria, VA - Jul 1996

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	8:48	3.5	9:25	3.0	3:00	0.3	3:52	0.2	5:46	8:37	
2	Tue	9:40	3.5	10:17	3.1	3:56	0.3	4:42	0.1	5:47	8:37	
3	Wed	10:33	3.4	11:10	3.1	4:52	0.3	5:33	0.1	5:48	8:36	
4	Thu	11:28	3.3			5:49	0.3	6:24	0.1	5:48	8:36	
5	Fri	12:07	3.1	12:26	3.2	6:47	0.3	7:14	0.2	5:49	8:36	
6	Sat	1:04	3.1	1:25	3.1	7:43	0.4	8:05	0.2	5:49	8:36	
7	Sun	2:01	3.1	2:24	2.9	8:41	0.5	8:57	0.3	5:50	8:35	
8	Mon	2:59	3.1	3:26	2.8	9:41	0.6	9:51	0.4	5:50	8:35	
9	Tue	3:59	3.1	4:29	2.8	10:42	0.6	10:47	0.5	5:51	8:35	
10	Wed	4:59	3.1	5:29	2.7	11:40	0.6	11:41	0.6	5:52	8:34	
11	Thu	5:54	3.1	6:24	2.8			12:36	0.5	5:52	8:34	
12	Fri	6:44	3.2	7:15	2.8	12:34	0.6	1:29	0.4	5:53	8:34	
13	Sat	7:31	3.2	8:04	2.9	1:25	0.6	2:17	0.4	5:54	8:33	
14	Sun	8:15	3.2	8:49	2.9	2:12	0.6	3:01	0.3	5:55	8:33	
15	Mon	8:56	3.2	9:30	2.9	2:56	0.6	3:41	0.3	5:55	8:32	
16	Tue	9:34	3.2	10:09	2.9	3:36	0.6	4:18	0.4	5:56	8:31	
17	Wed	10:11	3.1	10:46	2.9	4:15	0.7	4:53	0.5	5:57	8:31	
18	Thu	10:46	3.1	11:21	2.9	4:53	0.7	5:27	0.5	5:58	8:30	
19	Fri	11:20	3.0	11:54	2.9	5:31	0.8	5:58	0.5	5:58	8:30	
20	Sat	11:57	3.0			6:09	0.8	6:29	0.6	5:59	8:29	
21	Sun	12:28	2.9	12:37	2.9	6:49	0.8	7:02	0.6	6:00	8:28	
22	Mon	1:05	3.0	1:20	2.9	7:31	0.9	7:39	0.6	6:01	8:27	
23	Tue	1:48	3.0	2:09	2.8	8:20	0.9	8:23	0.6	6:02	8:27	
24	Wed	2:37	3.1	3:05	2.7	9:20	1.0	9:17	0.7	6:02	8:26	
25	Thu	3:35	3.1	4:12	2.7	10:32	0.9	10:21	0.7	6:03	8:25	
26	Fri	4:40	3.2	5:21	2.7	11:42	0.8	11:31	0.6	6:04	8:24	
27	Sat	5:43	3.3	6:23	2.8			12:46	0.7	6:05	8:23	
28	Sun	6:42	3.4	7:20	2.9	12:40	0.5	1:45	0.4	6:06	8:22	
29	Mon	7:39	3.4	8:14	3.0	1:46	0.4	2:39	0.3	6:07	8:22	
30	Tue	8:33	3.5	9:07	3.2	2:46	0.2	3:30	0.1	6:08	8:21	
31	Wed	9:26	3.5	9:58	3.2	3:42	0.2	4:19	0.0	6:08	8:20	