US HARBORS www.USHarbors.com

Alexandria, VA - Aug 1996

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	10:18	3.4	10:49	3.2	4:37	0.1	5:08	0.0	6:09	8:19	
2	Fri	11:12	3.3	11:43	3.2	5:32	0.2	5:58	0.1	6:10	8:18	
3	Sat			12:07	3.2	6:28	0.3	6:47	0.2	6:11	8:16	
4	Sun	12:38	3.2	1:04	3.0	7:23	0.4	7:36	0.3	6:12	8:15	
5	Mon	1:33	3.2	2:01	2.9	8:18	0.5	8:26	0.4	6:13	8:14	
6	Tue	2:29	3.1	3:00	2.8	9:16	0.6	9:19	0.6	6:14	8:13	
7	Wed	3:28	3.0	4:02	2.7	10:15	0.7	10:15	0.7	6:15	8:12	
8	Thu	4:29	3.0	5:04	2.7	11:13	0.7	11:10	0.7	6:16	8:11	
9	Fri	5:27	3.0	6:01	2.7			12:08	0.7	6:16	8:10	
10	Sat	6:20	3.1	6:52	2.8	12:05	0.7	1:00	0.6	6:17	8:08	
11	Sun	7:08	3.1	7:40	2.9	12:57	0.7	1:48	0.5	6:18	8:07	
12	Mon	7:53	3.1	8:25	3.0	1:46	0.6	2:31	0.4	6:19	8:06	
13	Tue	8:34	3.2	9:05	3.0	2:31	0.6	3:10	0.4	6:20	8:05	
14	Wed	9:12	3.2	9:41	3.0	3:13	0.6	3:46	0.4	6:21	8:03	
15	Thu	9:47	3.1	10:14	3.0	3:51	0.6	4:19	0.5	6:22	8:02	
16	Fri	10:20	3.1	10:44	3.0	4:29	0.6	4:51	0.5	6:23	8:01	
17	Sat	10:53	3.1	11:14	3.1	5:07	0.7	5:22	0.5	6:24	8:00	
18	Sun	11:28	3.0	11:49	3.1	5:45	0.8	5:55	0.6	6:25	7:58	
19	Mon			12:07	3.0	6:25	0.8	6:30	0.6	6:25	7:57	
20	Tue	12:28	3.2	12:51	2.9	7:08	0.9	7:10	0.6	6:26	7:55	
21	Wed	1:14	3.2	1:40	2.9	7:57	0.9	7:55	0.7	6:27	7:54	
22	Thu	2:04	3.2	2:37	2.8	8:57	1.0	8:51	0.7	6:28	7:53	
23	Fri	3:03	3.2	3:45	2.7	10:09	1.0	10:01	0.8	6:29	7:51	
24	Sat	4:11	3.2	4:58	2.8	11:20	0.9	11:18	0.7	6:30	7:50	
25	Sun	5:22	3.2	6:03	2.9			12:24	0.7	6:31	7:48	
26	Mon	6:26	3.3	7:02	3.1	12:29	0.6	1:23	0.5	6:32	7:47	
27	Tue	7:24	3.4	7:56	3.2	1:34	0.4	2:17	0.3	6:33	7:45	
28	Wed	8:19	3.5	8:48	3.3	2:33	0.2	3:07	0.2	6:34	7:44	
29	Thu	9:11	3.5	9:38	3.4	3:28	0.1	3:55	0.1	6:34	7:42	
30	Fri	10:02	3.4	10:26	3.4	4:20	0.1	4:42	0.1	6:35	7:41	
31	Sat	10:52	3.3	11:16	3.4	5:13	0.2	5:29	0.2	6:36	7:39	