US HARBORS www.USHarbors.com

Alexandria, VA - Aug 1997

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	7:35	3.2	8:09	2.9	1:35	0.5	2:24	0.3	6:09	8:19	
2	Sat	8:21	3.2	8:55	3.0	2:25	0.5	3:08	0.3	6:10	8:18	
3	Sun	9:04	3.2	9:37	3.0	3:10	0.5	3:49	0.3	6:11	8:17	
4	Mon	9:45	3.2	10:17	3.0	3:52	0.6	4:27	0.4	6:12	8:16	
5	Tue	10:24	3.1	10:55	3.0	4:32	0.6	5:02	0.5	6:13	8:15	
6	Wed	11:02	3.0	11:32	2.9	5:11	0.7	5:35	0.6	6:14	8:13	
7	Thu	11:40	3.0			5:49	0.8	6:06	0.6	6:14	8:12	
8	Fri	12:07	2.9	12:18	2.9	6:27	0.9	6:35	0.7	6:15	8:11	
9	Sat	12:42	3.0	12:57	2.8	7:05	0.9	7:08	0.7	6:16	8:10	
10	Sun	1:19	3.0	1:38	2.7	7:47	1.0	7:46	0.7	6:17	8:09	
11	Mon	2:00	3.0	2:26	2.7	8:36	1.1	8:32	0.8	6:18	8:08	
12	Tue	2:49	3.0	3:24	2.6	9:39	1.1	9:28	0.8	6:19	8:06	
13	Wed	3:48	3.0	4:32	2.6	10:47	1.1	10:34	0.8	6:20	8:05	
14	Thu	4:53	3.1	5:36	2.7	11:51	0.9	11:42	0.7	6:21	8:04	
15	Fri	5:54	3.2	6:33	2.8			12:51	0.7	6:22	8:02	
16	Sat	6:50	3.3	7:26	3.0	12:49	0.6	1:47	0.5	6:23	8:01	
17	Sun	7:44	3.4	8:16	3.1	1:52	0.4	2:38	0.3	6:23	8:00	
18	Mon	8:36	3.5	9:05	3.3	2:49	0.3	3:26	0.2	6:24	7:58	
19	Tue	9:26	3.5	9:54	3.3	3:43	0.2	4:14	0.1	6:25	7:57	
20	Wed	10:17	3.4	10:43	3.4	4:36	0.2	5:02	0.1	6:26	7:56	
21	Thu	11:09	3.3	11:35	3.4	5:31	0.2	5:51	0.1	6:27	7:54	
22	Fri			12:04	3.2	6:27	0.3	6:41	0.2	6:28	7:53	
23	Sat	12:30	3.3	1:02	3.1	7:23	0.4	7:32	0.3	6:29	7:52	
24	Sun	1:26	3.3	2:00	3.0	8:21	0.5	8:25	0.5	6:30	7:50	
25	Mon	2:24	3.2	3:02	2.8	9:20	0.6	9:23	0.6	6:31	7:49	
26	Tue	3:26	3.1	4:07	2.8	10:22	0.7	10:23	0.7	6:32	7:47	
27	Wed	4:31	3.1	5:11	2.8	11:21	0.7	11:23	0.7	6:32	7:46	
28	Thu	5:33	3.1	6:09	2.8			12:17	0.6	6:33	7:44	
29	Fri	6:27	3.1	7:01	2.9	12:20	0.7	1:09	0.5	6:34	7:43	
30	Sat	7:17	3.2	7:49	3.0	1:13	0.7	1:56	0.5	6:35	7:41	
31	Sun	8:02	3.2	8:32	3.1	2:03	0.6	2:39	0.4	6:36	7:40	