US HARBORS www.USHarbors.com

Alexandria, VA - Aug 1999

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	**11:38**	3.2			**5:58**	0.6	**6:19**	0.4	6:09	8:19	
2	Mon	**12:03**	3.1	**12:26**	3.1	**6:46**	0.6	**7:00**	0.4	6:10	8:18	
3	Tue	**12:50**	3.2	**1:17**	3.0	**7:37**	0.7	**7:44**	0.4	6:10	8:17	
4	Wed	**1:41**	3.2	**2:13**	2.9	**8:35**	0.8	**8:34**	0.5	6:11	8:16	
5	Thu	**2:36**	3.2	**3:16**	2.8	**9:42**	0.8	**9:35**	0.6	6:12	8:15	
6	Fri	**3:40**	3.2	**4:26**	2.8	**10:51**	0.8	**10:43**	0.6	6:13	8:14	
7	Sat	**4:48**	3.2	**5:34**	2.8	**11:57**	0.6	**11:51**	0.6	6:14	8:13	
8	Sun	**5:53**	3.3	**6:36**	2.9			**12:58**	0.5	6:15	8:12	
9	Mon	**6:53**	3.3	**7:33**	3.0	**12:56**	0.5	**1:56**	0.3	6:16	8:11	
10	Tue	**7:48**	3.4	**8:26**	3.0	**1:57**	0.4	**2:48**	0.2	6:17	8:09	
11	Wed	**8:41**	3.4	**9:16**	3.1	**2:53**	0.3	**3:36**	0.1	6:18	8:08	
12	Thu	**9:31**	3.3	**10:04**	3.1	**3:44**	0.3	**4:22**	0.2	6:18	8:07	
13	Fri	**10:19**	3.3	**10:51**	3.1	**4:34**	0.4	**5:07**	0.3	6:19	8:06	
14	Sat	**11:07**	3.1	**11:39**	3.1	**5:24**	0.5	**5:51**	0.4	6:20	8:04	
15	Sun	**11:57**	3.0			**6:13**	0.6	**6:33**	0.5	6:21	8:03	
16	Mon	**12:27**	3.1	**12:47**	2.9	**7:01**	0.7	**7:13**	0.6	6:22	8:02	
17	Tue	**1:15**	3.0	**1:38**	2.8	**7:48**	0.9	**7:52**	0.8	6:23	8:00	
18	Wed	**2:03**	3.0	**2:30**	2.7	**8:38**	1.0	**8:32**	0.9	6:24	7:59	
19	Thu	**2:53**	2.9	**3:26**	2.6	**9:32**	1.1	**9:19**	0.9	6:25	7:58	
20	Fri	**3:49**	2.9	**4:27**	2.5	**10:28**	1.1	**10:13**	1.0	6:26	7:56	
21	Sat	**4:47**	2.9	**5:26**	2.6	**11:24**	1.1	**11:11**	1.0	6:27	7:55	
22	Sun	**5:41**	3.0	**6:18**	2.6			**12:16**	1.0	6:28	7:54	
23	Mon	**6:30**	3.0	**7:05**	2.7	**12:07**	0.9	**1:06**	0.8	6:28	7:52	
24	Tue	**7:15**	3.1	**7:48**	2.8	**1:01**	0.8	**1:52**	0.7	6:29	7:51	
25	Wed	**7:57**	3.2	**8:27**	2.9	**1:52**	0.7	**2:34**	0.5	6:30	7:49	
26	Thu	**8:36**	3.2	**9:03**	3.0	**2:40**	0.6	**3:14**	0.5	6:31	7:48	
27	Fri	**9:15**	3.3	**9:38**	3.1	**3:24**	0.5	**3:52**	0.4	6:32	7:46	
28	Sat	**9:53**	3.3	**10:14**	3.2	**4:08**	0.5	**4:31**	0.4	6:33	7:45	
29	Sun	**10:34**	3.3	**10:54**	3.3	**4:54**	0.5	**5:11**	0.4	6:34	7:43	
30	Mon	**11:19**	3.2	**11:38**	3.3	**5:42**	0.5	**5:53**	0.4	6:35	7:42	
31	Tue			**12:08**	3.2	**6:33**	0.6	**6:38**	0.4	6:36	7:40	