

































Alexandria, VA - Jul 2000

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	8:14	3.5	8:55	3.0	2:18	0.4	3:24	0.2	5:47	8:37	
2	Sun	9:06	3.5	9:48	3.0	3:17	0.3	4:16	0.2	5:47	8:37	
3	Mon	9:59	3.5	10:42	3.0	4:13	0.3	5:07	0.1	5:48	8:36	
4	Tue	10:54	3.4	11:38	3.0	5:11	0.4	5:59	0.2	5:48	8:36	
5	Wed	11:51	3.2			6:09	0.4	6:50	0.2	5:49	8:36	
6	Thu	12:36	3.0	12:51	3.1	7:07	0.4	7:40	0.3	5:49	8:36	
7	Fri	1:33	3.0	1:50	3.0	8:04	0.5	8:30	0.4	5:50	8:35	
8	Sat	2:30	3.0	2:50	2.8	9:02	0.6	9:22	0.5	5:50	8:35	
9	Sun	3:28	3.0	3:52	2.7	10:02	0.7	10:15	0.6	5:51	8:35	
10	Mon	4:27	3.0	4:53	2.7	11:01	0.7	11:08	0.6	5:52	8:34	
11	Tue	5:23	3.1	5:50	2.7	11:58	0.7	11:59	0.6	5:52	8:34	
12	Wed	6:14	3.1	6:42	2.7			12:52	0.6	5:53	8:34	
13	Thu	7:01	3.2	7:32	2.7	12:49	0.6	1:43	0.5	5:54	8:33	
14	Fri	7:46	3.2	8:18	2.8	1:37	0.6	2:29	0.4	5:55	8:33	
15	Sat	8:28	3.2	9:01	2.8	2:22	0.6	3:11	0.4	5:55	8:32	
16	Sun	9:07	3.2	9:41	2.8	3:03	0.6	3:49	0.4	5:56	8:31	
17	Mon	9:43	3.2	10:18	2.8	3:43	0.7	4:26	0.4	5:57	8:31	
18	Tue	10:18	3.1	10:52	2.8	4:21	0.7	5:00	0.5	5:58	8:30	
19	Wed	10:52	3.1	11:25	2.8	5:00	0.8	5:34	0.5	5:58	8:30	
20	Thu	11:28	3.0	11:58	2.9	5:39	0.8	6:06	0.5	5:59	8:29	
21	Fri			12:08	3.0	6:20	0.8	6:40	0.5	6:00	8:28	
22	Sat	12:34	2.9	12:51	3.0	7:02	0.8	7:15	0.5	6:01	8:27	
23	Sun	1:15	3.0	1:38	2.9	7:47	0.9	7:55	0.6	6:02	8:27	
24	Mon	2:02	3.1	2:30	2.8	8:41	0.9	8:42	0.6	6:02	8:26	
25	Tue	2:54	3.1	3:32	2.8	9:48	0.9	9:38	0.6	6:03	8:25	
26	Wed	3:56	3.2	4:41	2.7	11:01	0.9	10:43	0.6	6:04	8:24	
27	Thu	5:01	3.2	5:47	2.7			12:09	0.7	6:05	8:23	
28	Fri	6:03	3.3	6:47	2.8			1:13	0.6	6:06	8:22	
29	Sat	7:02	3.4	7:44	2.9	1:01	0.5	2:12	0.4	6:07	8:21	
30	Sun	7:59	3.5	8:39	3.0	2:06	0.4	3:05	0.2	6:08	8:21	
31	Mon	8:53	3.5	9:32	3.1	3:05	0.3	3:55	0.1	6:08	8:20	