US HARBORS www.USHarbors.com

Alexandria, VA - Jan 2006

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	8:57	2.2	9:13	2.6	3:23	-0.6	3:23	-0.6	7:26	4:57	
2	Mon	9:46	2.2	10:06	2.5	4:11	-0.6	4:18	-0.7	7:26	4:57	
3	Tue	10:38	2.3	11:01	2.5	4:59	-0.7	5:14	-0.7	7:26	4:58	
4	Wed	11:32	2.3	11:58	2.4	5:48	-0.7	6:09	-0.7	7:26	4:59	
5	Thu			12:26	2.4	6:35	-0.6	7:05	-0.6	7:26	5:00	
6	Fri	12:55	2.3	1:21	2.4	7:24	-0.6	8:04	-0.5	7:26	5:01	
7	Sat	1:53	2.2	2:19	2.3	8:16	-0.5	9:06	-0.4	7:26	5:02	
8	Sun	2:54	2.0	3:20	2.3	9:11	-0.5	10:09	-0.4	7:26	5:03	
9	Mon	3:57	2.0	4:20	2.3	10:08	-0.4	11:10	-0.4	7:26	5:04	
10	Tue	4:56	1.9	5:16	2.3	11:05	-0.4			7:26	5:05	
11	Wed	5:51	1.9	6:08	2.3	12:08	-0.4	12:01	-0.3	7:26	5:06	
12	Thu	6:44	1.9	6:57	2.3	1:03	-0.5	12:55	-0.3	7:25	5:07	
13	Fri	7:33	2.0	7:43	2.3	1:51	-0.6	1:44	-0.4	7:25	5:08	
14	Sat	8:19	2.0	8:27	2.3	2:35	-0.6	2:29	-0.4	7:25	5:09	
15	Sun	9:02	2.0	9:08	2.2	3:16	-0.5	3:11	-0.3	7:24	5:10	
16	Mon	9:42	2.0	9:49	2.2	3:53	-0.5	3:51	-0.3	7:24	5:11	
17	Tue	10:21	2.0	10:29	2.1	4:29	-0.4	4:30	-0.3	7:24	5:12	
18	Wed	10:58	2.0	11:09	2.1	5:02	-0.3	5:09	-0.3	7:23	5:13	
19	Thu	11:33	2.0	11:48	2.0	5:31	-0.3	5:46	-0.2	7:23	5:14	
20	Fri			12:07	2.1	6:00	-0.3	6:24	-0.2	7:22	5:15	
21	Sat	12:26	2.0	12:44	2.1	6:32	-0.3	7:06	-0.1	7:22	5:16	
22	Sun	1:08	1.9	1:26	2.1	7:10	-0.3	7:57	0.0	7:21	5:18	
23	Mon	1:56	1.8	2:16	2.2	7:55	-0.3	9:02	0.0	7:20	5:19	
24	Tue	2:56	1.7	3:16	2.2	8:50	-0.2	10:14	0.0	7:20	5:20	
25	Wed	4:03	1.7	4:20	2.2	9:54	-0.2	11:22	-0.1	7:19	5:21	
26	Thu	5:05	1.8	5:20	2.3	11:03	-0.3			7:18	5:22	
27	Fri	6:02	1.9	6:18	2.4	12:25	-0.2	12:14	-0.4	7:18	5:23	
28	Sat	6:56	2.0	7:14	2.5	1:21	-0.4	1:19	-0.6	7:17	5:24	
29	Sun	7:48	2.2	8:08	2.5	2:12	-0.6	2:17	-0.8	7:16	5:26	
30	Mon	8:38	2.3	9:01	2.5	2:59	-0.7	3:11	-0.9	7:15	5:27	
31	Tue	9:27	2.4	9:53	2.5	3:46	-0.8	4:05	-1.0	7:14	5:28	