
































Alexandria, VA - Jul 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	4:19	3.1	4:47	2.7	10:57	0.7	10:58	0.6	5:46	8:37	
2	Thu	5:16	3.1	5:45	2.6	11:56	0.7	11:51	0.7	5:47	8:37	
3	Fri	6:08	3.2	6:39	2.7			12:51	0.6	5:47	8:36	
4	Sat	6:57	3.2	7:29	2.7	12:43	0.7	1:43	0.5	5:48	8:36	
5	Sun	7:42	3.2	8:17	2.7	1:33	0.7	2:30	0.5	5:49	8:36	
6	Mon	8:25	3.2	9:01	2.7	2:20	0.7	3:12	0.4	5:49	8:36	
7	Tue	9:06	3.2	9:42	2.8	3:03	0.7	3:50	0.5	5:50	8:36	
8	Wed	9:44	3.1	10:20	2.8	3:44	0.8	4:26	0.5	5:50	8:35	
9	Thu	10:20	3.1	10:55	2.8	4:22	0.8	5:00	0.6	5:51	8:35	
10	Fri	10:55	3.0	11:28	2.8	5:01	0.8	5:32	0.6	5:52	8:34	
11	Sat	11:31	3.0			5:39	0.8	6:02	0.6	5:52	8:34	
12	Sun	12:00	2.8	12:10	2.9	6:19	0.9	6:33	0.6	5:53	8:34	
13	Mon	12:35	2.9	12:51	2.9	7:00	0.9	7:07	0.6	5:54	8:33	
14	Tue	1:14	3.0	1:35	2.8	7:43	1.0	7:45	0.6	5:54	8:33	
15	Wed	1:58	3.0	2:25	2.7	8:35	1.0	8:29	0.6	5:55	8:32	
16	Thu	2:49	3.1	3:24	2.6	9:41	1.1	9:23	0.7	5:56	8:32	
17	Fri	3:48	3.1	4:33	2.5	10:56	1.0	10:26	0.7	5:57	8:31	
18	Sat	4:53	3.2	5:41	2.6			12:06	0.9	5:57	8:30	
19	Sun	5:57	3.3	6:43	2.7			1:10	0.7	5:58	8:30	
20	Mon	6:57	3.3	7:41	2.8	12:49	0.6	2:08	0.5	5:59	8:29	
21	Tue	7:55	3.4	8:35	2.9	1:58	0.5	3:01	0.3	6:00	8:28	
22	Wed	8:50	3.4	9:28	3.0	2:59	0.3	3:50	0.2	6:01	8:28	
23	Thu	9:44	3.3	10:19	3.1	3:56	0.2	4:38	0.2	6:01	8:27	
24	Fri	10:37	3.3	11:11	3.2	4:51	0.2	5:27	0.2	6:02	8:26	
25	Sat	11:31	3.1			5:47	0.3	6:15	0.2	6:03	8:25	
26	Sun	12:05	3.2	12:26	3.0	6:42	0.4	7:02	0.3	6:04	8:24	
27	Mon	12:59	3.2	1:22	2.9	7:37	0.5	7:49	0.4	6:05	8:24	
28	Tue	1:53	3.1	2:17	2.8	8:32	0.6	8:37	0.5	6:06	8:23	
29	Wed	2:47	3.1	3:16	2.6	9:31	0.8	9:28	0.7	6:07	8:22	
30	Thu	3:45	3.0	4:18	2.6	10:30	0.8	10:23	0.8	6:07	8:21	
31	Fri	4:45	3.0	5:20	2.5	11:28	0.8	11:19	0.8	6:08	8:20	