

































Alexandria, VA - Oct 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	7:06	3.0	7:31	3.0	12:56	0.9	1:21	0.8	7:04	6:51	
2	Fri	7:48	3.0	8:07	3.1	1:45	0.8	2:00	0.7	7:05	6:49	
3	Sat	8:26	3.0	8:40	3.2	2:30	0.7	2:37	0.6	7:06	6:47	
4	Sun	9:01	3.0	9:11	3.3	3:12	0.6	3:12	0.5	7:07	6:46	
5	Mon	9:36	3.0	9:44	3.3	3:54	0.6	3:47	0.5	7:08	6:44	
6	Tue	10:12	3.0	10:20	3.4	4:36	0.7	4:24	0.5	7:09	6:43	
7	Wed	10:52	2.9	11:02	3.4	5:21	0.8	5:05	0.6	7:10	6:41	
8	Thu	11:38	2.8	11:49	3.3	6:10	0.8	5:52	0.7	7:10	6:40	
9	Fri			12:30	2.8	7:02	0.9	6:45	0.8	7:11	6:38	
10	Sat	12:42	3.3	1:27	2.7	7:58	0.9	7:45	0.8	7:12	6:37	
11	Sun	1:40	3.1	2:31	2.7	8:59	0.9	8:54	0.9	7:13	6:35	
12	Mon	2:47	3.0	3:43	2.7	10:03	0.9	10:11	0.9	7:14	6:34	
13	Tue	4:04	2.9	4:54	2.8	11:05	0.8	11:21	0.7	7:15	6:32	
14	Wed	5:18	3.0	5:55	3.0			12:02	0.6	7:16	6:31	
15	Thu	6:20	3.0	6:50	3.2	12:25	0.5	12:56	0.5	7:17	6:29	
16	Fri	7:15	3.1	7:40	3.3	1:25	0.3	1:47	0.3	7:18	6:28	
17	Sat	8:06	3.1	8:27	3.4	2:19	0.2	2:34	0.3	7:19	6:27	
18	Sun	8:53	3.1	9:12	3.4	3:10	0.2	3:18	0.2	7:20	6:25	
19	Mon	9:39	3.0	9:55	3.4	3:58	0.2	4:00	0.3	7:21	6:24	
20	Tue	10:24	2.9	10:37	3.3	4:45	0.3	4:41	0.4	7:22	6:22	
21	Wed	11:10	2.8	11:21	3.2	5:32	0.5	5:22	0.6	7:23	6:21	
22	Thu	11:59	2.7			6:18	0.6	6:05	0.7	7:24	6:20	
23	Fri	12:07	3.1	12:50	2.6	7:03	0.7	6:48	0.9	7:26	6:18	
24	Sat	12:55	2.9	1:41	2.5	7:47	0.8	7:34	0.9	7:27	6:17	
25	Sun	1:46	2.8	2:33	2.5	8:31	0.9	8:25	1.0	7:28	6:16	
26	Mon	2:41	2.7	3:28	2.5	9:18	1.0	9:23	1.0	7:29	6:15	
27	Tue	3:41	2.6	4:25	2.6	10:07	1.0	10:24	1.0	7:30	6:13	
28	Wed	4:43	2.6	5:18	2.6	10:56	0.9	11:23	0.9	7:31	6:12	
29	Thu	5:38	2.6	6:04	2.7	11:43	0.8			7:32	6:11	
30	Fri	6:26	2.7	6:46	2.9	12:18	0.8	12:28	0.6	7:33	6:10	
31	Sat	7:10	2.7	7:24	3.0	1:11	0.6	1:12	0.5	7:34	6:09	