US HARBORS www.USHarbors.com

Alexandria, VA - Jan 2056

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	7:15	2.0	7:20	2.4	1:28	-0.3	1:15	-0.4	7:26	4:56	
2	Sun	7:56	2.1	7:58	2.5	2:12	-0.4	2:00	-0.5	7:26	4:57	
3	Mon	8:34	2.1	8:36	2.5	2:54	-0.5	2:45	-0.5	7:26	4:58	
4	Tue	9:12	2.1	9:17	2.5	3:36	-0.5	3:30	-0.5	7:26	4:59	
5	Wed	9:53	2.2	10:02	2.5	4:19	-0.6	4:18	-0.6	7:26	5:00	
6	Thu	10:37	2.2	10:51	2.5	5:03	-0.6	5:08	-0.6	7:26	5:01	
7	Fri	11:25	2.3	11:44	2.4	5:47	-0.6	5:59	-0.6	7:26	5:02	
8	Sat			12:16	2.3	6:32	-0.6	6:53	-0.5	7:26	5:03	
9	Sun	12:39	2.4	1:09	2.4	7:20	-0.6	7:52	-0.5	7:26	5:04	
10	Mon	1:37	2.3	2:07	2.4	8:13	-0.5	8:57	-0.4	7:26	5:05	
11	Tue	2:41	2.1	3:10	2.4	9:13	-0.5	10:05	-0.4	7:25	5:06	
12	Wed	3:49	2.1	4:15	2.4	10:14	-0.5	11:10	-0.5	7:25	5:07	
13	Thu	4:52	2.1	5:15	2.4	11:16	-0.5			7:25	5:08	
14	Fri	5:51	2.1	6:11	2.5	12:12	-0.6	12:16	-0.6	7:25	5:09	
15	Sat	6:47	2.1	7:04	2.5	1:10	-0.7	1:13	-0.6	7:24	5:10	
16	Sun	7:39	2.1	7:55	2.5	2:02	-0.8	2:05	-0.7	7:24	5:11	
17	Mon	8:29	2.1	8:44	2.5	2:50	-0.8	2:55	-0.7	7:23	5:12	
18	Tue	9:17	2.1	9:31	2.4	3:36	-0.8	3:42	-0.6	7:23	5:13	
19	Wed	10:03	2.1	10:19	2.3	4:20	-0.7	4:29	-0.5	7:23	5:14	
20	Thu	10:50	2.1	11:07	2.2	5:02	-0.6	5:15	-0.5	7:22	5:15	
21	Fri	11:35	2.1	11:55	2.1	5:41	-0.5	5:59	-0.4	7:21	5:16	
22	Sat			12:20	2.1	6:17	-0.4	6:42	-0.3	7:21	5:17	
23	Sun	12:42	2.1	1:03	2.1	6:51	-0.3	7:26	-0.2	7:20	5:18	
24	Mon	1:30	2.0	1:47	2.0	7:26	-0.3	8:15	-0.1	7:20	5:20	
25	Tue	2:21	1.9	2:36	2.0	8:07	-0.2	9:11	0.0	7:19	5:21	
26	Wed	3:17	1.8	3:31	2.0	8:56	-0.2	10:10	0.0	7:18	5:22	
27	Thu	4:14	1.8	4:25	2.1	9:52	-0.2	11:08	-0.1	7:18	5:23	
28	Fri	5:06	1.8	5:15	2.2	10:49	-0.2			7:17	5:24	
29	Sat	5:55	1.9	6:01	2.2	12:03	-0.2	11:48 AM	-0.3	7:16	5:25	
30	Sun	6:41	2.0	6:47	2.3	12:55	-0.3	12:45	-0.4	7:15	5:27	
31	Mon	7:25	2.1	7:32	2.4	1:43	-0.5	1:38	-0.6	7:14	5:28	