US HARBORS www.USHarbors.com

Alexandria, VA - Jul 2056

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat			12:07	3.1	6:22	0.7	6:57	0.4	5:47	8:37	
2	Sun	12:50	2.9	1:01	3.0	7:13	0.7	7:42	0.5	5:47	8:37	
3	Mon	1:41	2.9	1:55	2.8	8:04	0.8	8:25	0.6	5:48	8:36	
4	Tue	2:33	2.9	2:50	2.7	8:57	0.9	9:09	0.7	5:49	8:36	
5	Wed	3:25	2.9	3:48	2.6	9:53	1.0	9:55	0.8	5:49	8:36	
6	Thu	4:20	2.9	4:46	2.6	10:49	1.0	10:42	0.8	5:50	8:36	
7	Fri	5:14	2.9	5:42	2.6	11:44	0.9	11:31	0.8	5:50	8:35	
8	Sat	6:03	3.0	6:32	2.6			12:37	0.9	5:51	8:35	
9	Sun	6:48	3.1	7:20	2.6	12:19	0.8	1:28	0.7	5:52	8:35	
10	Mon	7:29	3.1	8:05	2.7	1:08	0.7	2:15	0.6	5:52	8:34	
11	Tue	8:08	3.2	8:46	2.7	1:56	0.7	2:58	0.5	5:53	8:34	
12	Wed	8:45	3.2	9:24	2.8	2:42	0.6	3:39	0.5	5:54	8:33	
13	Thu	9:21	3.2	10:00	2.8	3:26	0.6	4:18	0.4	5:54	8:33	
14	Fri	9:58	3.2	10:37	2.9	4:09	0.6	4:58	0.4	5:55	8:32	
15	Sat	10:39	3.2	11:17	2.9	4:55	0.6	5:38	0.4	5:56	8:32	
16	Sun	11:23	3.2			5:43	0.6	6:20	0.4	5:57	8:31	
17	Mon	12:00	3.0	12:13	3.2	6:32	0.6	7:02	0.4	5:57	8:31	
18	Tue	12:48	3.1	1:05	3.1	7:24	0.6	7:46	0.4	5:58	8:30	
19	Wed	1:38	3.1	2:01	3.0	8:20	0.7	8:35	0.5	5:59	8:29	
20	Thu	2:33	3.2	3:02	2.9	9:24	0.7	9:31	0.5	6:00	8:29	
21	Fri	3:34	3.2	4:10	2.8	10:32	0.7	10:34	0.6	6:00	8:28	
22	Sat	4:39	3.2	5:18	2.8	11:39	0.6	11:37	0.5	6:01	8:27	
23	Sun	5:42	3.3	6:20	2.8			12:42	0.5	6:02	8:26	
24	Mon	6:40	3.3	7:18	2.8	12:40	0.5	1:41	0.3	6:03	8:26	
25	Tue	7:35	3.4	8:13	2.9	1:41	0.4	2:35	0.2	6:04	8:25	
26	Wed	8:27	3.4	9:04	2.9	2:37	0.4	3:25	0.2	6:05	8:24	
27	Thu	9:17	3.3	9:53	3.0	3:29	0.4	4:12	0.2	6:06	8:23	
28	Fri	10:05	3.3	10:40	3.0	4:19	0.4	4:57	0.2	6:06	8:22	
29	Sat	10:53	3.2	11:27	3.0	5:08	0.5	5:40	0.4	6:07	8:21	
30	Sun	11:42	3.0			5:57	0.6	6:22	0.5	6:08	8:20	
31	Mon	12:15	2.9	12:32	2.9	6:44	0.7	7:01	0.6	6:09	8:19	