US HARBORS www.USHarbors.com

Alexandria, VA - Aug 2056

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	1:02	2.9	1:21	2.8	7:31	0.9	7:38	0.7	6:10	8:18	
2	Wed	1:48	2.9	2:11	2.7	8:19	1.0	8:14	0.8	6:11	8:17	
3	Thu	2:36	2.9	3:05	2.6	9:10	1.1	8:55	0.9	6:12	8:16	
4	Fri	3:27	2.9	4:03	2.5	10:07	1.1	9:43	0.9	6:13	8:15	
5	Sat	4:23	2.9	5:02	2.5	11:04	1.1	10:38	0.9	6:13	8:14	
6	Sun	5:18	2.9	5:57	2.5	11:59	1.0	11:35	0.9	6:14	8:13	
7	Mon	6:08	3.0	6:47	2.6			12:52	0.9	6:15	8:12	
8	Tue	6:54	3.1	7:32	2.7	12:31	0.8	1:41	0.7	6:16	8:10	
9	Wed	7:36	3.1	8:15	2.8	1:26	0.7	2:26	0.6	6:17	8:09	
10	Thu	8:18	3.2	8:54	2.9	2:17	0.6	3:08	0.5	6:18	8:08	
11	Fri	8:58	3.3	9:31	3.0	3:05	0.5	3:48	0.4	6:19	8:07	
12	Sat	9:39	3.3	10:10	3.1	3:51	0.5	4:29	0.4	6:20	8:05	
13	Sun	10:21	3.3	10:51	3.2	4:38	0.4	5:10	0.3	6:21	8:04	
14	Mon	11:07	3.3	11:35	3.2	5:27	0.5	5:53	0.3	6:22	8:03	
15	Tue	11:56	3.2			6:19	0.5	6:38	0.4	6:22	8:02	
16	Wed	12:24	3.3	12:49	3.1	7:12	0.6	7:24	0.4	6:23	8:00	
17	Thu	1:16	3.3	1:45	3.0	8:09	0.7	8:15	0.5	6:24	7:59	
18	Fri	2:12	3.2	2:47	2.8	9:13	0.7	9:14	0.6	6:25	7:58	
19	Sat	3:13	3.2	3:56	2.7	10:20	0.8	10:19	0.7	6:26	7:56	
20	Sun	4:22	3.2	5:06	2.7	11:25	0.7	11:26	0.7	6:27	7:55	
21	Mon	5:28	3.2	6:09	2.8			12:26	0.6	6:28	7:53	
22	Tue	6:28	3.2	7:07	2.9	12:29	0.6	1:23	0.5	6:29	7:52	
23	Wed	7:24	3.3	7:59	3.0	1:29	0.6	2:16	0.3	6:30	7:51	
24	Thu	8:15	3.3	8:48	3.1	2:24	0.5	3:03	0.3	6:31	7:49	
25	Fri	9:03	3.3	9:33	3.1	3:14	0.4	3:46	0.3	6:31	7:48	
26	Sat	9:48	3.2	10:15	3.1	4:00	0.5	4:27	0.4	6:32	7:46	
27	Sun	10:32	3.2	10:57	3.1	4:46	0.6	5:06	0.5	6:33	7:45	
28	Mon	11:16	3.1	11:38	3.1	5:30	0.7	5:43	0.6	6:34	7:43	
29	Tue			12:00	3.0	6:14	0.8	6:17	0.7	6:35	7:42	
30	Wed	12:20	3.0	12:46	2.8	6:57	0.9	6:49	0.8	6:36	7:40	
31	Thu	1:01	3.0	1:32	2.7	7:40	1.1	7:22	0.9	6:37	7:39	