US HARBORS www.USHarbors.com

Alexandria, VA - Jan 2057

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	3:57	2.1	4:22	2.5	10:15	-0.4	11:19	-0.3	7:26	4:57	
2	Tue	5:00	2.1	5:22	2.6	11:19	-0.4			7:26	4:58	
3	Wed	6:00	2.1	6:19	2.6	12:25	-0.5	12:23	-0.5	7:26	4:59	
4	Thu	6:57	2.2	7:15	2.7	1:25	-0.6	1:24	-0.6	7:26	5:00	
5	Fri	7:52	2.2	8:09	2.7	2:19	-0.8	2:20	-0.7	7:26	5:01	
6	Sat	8:45	2.2	9:02	2.6	3:11	-0.8	3:14	-0.7	7:26	5:01	
7	Sun	9:38	2.2	9:55	2.5	4:01	-0.8	4:08	-0.7	7:26	5:02	
8	Mon	10:31	2.2	10:50	2.4	4:50	-0.7	5:02	-0.7	7:26	5:03	
9	Tue	11:25	2.2	11:46	2.3	5:38	-0.7	5:54	-0.6	7:26	5:04	
10	Wed			12:17	2.2	6:24	-0.6	6:45	-0.5	7:25	5:05	
11	Thu	12:39	2.2	1:08	2.1	7:08	-0.5	7:37	-0.4	7:25	5:06	
12	Fri	1:33	2.1	2:00	2.1	7:52	-0.4	8:31	-0.3	7:25	5:07	
13	Sat	2:28	2.0	2:54	2.1	8:38	-0.3	9:27	-0.2	7:25	5:08	
14	Sun	3:26	1.9	3:50	2.1	9:27	-0.2	10:23	-0.2	7:24	5:09	
15	Mon	4:22	1.9	4:42	2.1	10:16	-0.2	11:17	-0.2	7:24	5:10	
16	Tue	5:14	1.9	5:31	2.2	11:06	-0.3			7:24	5:12	
17	Wed	6:04	1.9	6:17	2.2	12:09	-0.3	11:56 AM	-0.3	7:23	5:13	
18	Thu	6:50	1.9	6:59	2.3	12:58	-0.4	12:45	-0.4	7:23	5:14	
19	Fri	7:34	2.0	7:38	2.3	1:43	-0.4	1:31	-0.4	7:22	5:15	
20	Sat	8:13	2.0	8:15	2.3	2:24	-0.5	2:15	-0.5	7:22	5:16	
21	Sun	8:49	2.0	8:51	2.3	3:03	-0.5	2:57	-0.5	7:21	5:17	
22	Mon	9:23	2.1	9:28	2.3	3:40	-0.5	3:39	-0.5	7:20	5:18	
23	Tue	9:58	2.1	10:09	2.4	4:18	-0.6	4:22	-0.6	7:20	5:19	
24	Wed	10:36	2.2	10:53	2.4	4:56	-0.6	5:07	-0.6	7:19	5:20	
25	Thu	11:18	2.3	11:41	2.3	5:35	-0.6	5:53	-0.6	7:18	5:22	
26	Fri			12:04	2.4	6:14	-0.6	6:41	-0.5	7:18	5:23	
27	Sat	12:31	2.3	12:54	2.4	6:57	-0.5	7:36	-0.4	7:17	5:24	
28	Sun	1:25	2.2	1:49	2.4	7:46	-0.5	8:43	-0.3	7:16	5:25	
29	Mon	2:27	2.1	2:51	2.4	8:46	-0.4	9:55	-0.3	7:15	5:26	
30	Tue	3:36	2.0	3:59	2.4	9:54	-0.4	11:04	-0.3	7:15	5:27	
31	Wed	4:43	2.0	5:04	2.4	11:04	-0.4			7:14	5:29	