US HARBORS www.USHarbors.com

Alexandria, VA - Jul 2057

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	8:52	3.2	9:29	2.8	2:43	0.7	3:39	0.5	5:47	8:37	
2	Mon	9:27	3.2	10:07	2.7	3:22	0.7	4:17	0.5	5:47	8:37	
3	Tue	10:01	3.2	10:43	2.7	4:01	0.7	4:54	0.5	5:48	8:36	
4	Wed	10:34	3.1	11:18	2.7	4:40	0.8	5:30	0.6	5:48	8:36	
5	Thu	11:10	3.1	11:53	2.8	5:20	0.8	6:05	0.6	5:49	8:36	
6	Fri	11:50	3.1			6:03	0.8	6:39	0.6	5:50	8:36	
7	Sat	12:30	2.9	12:35	3.0	6:46	0.8	7:15	0.6	5:50	8:35	
8	Sun	1:11	2.9	1:23	3.0	7:32	0.8	7:53	0.6	5:51	8:35	
9	Mon	1:56	3.0	2:15	2.9	8:24	0.8	8:38	0.6	5:51	8:35	
10	Tue	2:47	3.1	3:14	2.8	9:25	0.9	9:31	0.6	5:52	8:34	
11	Wed	3:46	3.1	4:20	2.8	10:37	0.8	10:31	0.6	5:53	8:34	
12	Thu	4:49	3.2	5:27	2.8	11:47	0.7	11:36	0.6	5:53	8:34	
13	Fri	5:50	3.3	6:29	2.8			12:53	0.6	5:54	8:33	
14	Sat	6:48	3.4	7:27	2.8	12:42	0.5	1:55	0.4	5:55	8:33	
15	Sun	7:44	3.5	8:23	2.9	1:47	0.4	2:51	0.3	5:56	8:32	
16	Mon	8:39	3.5	9:17	2.9	2:48	0.4	3:43	0.2	5:56	8:31	
17	Tue	9:32	3.4	10:10	3.0	3:44	0.3	4:33	0.1	5:57	8:31	
18	Wed	10:25	3.3	11:03	3.0	4:40	0.3	5:23	0.2	5:58	8:30	
19	Thu	11:19	3.2	11:58	3.0	5:36	0.4	6:12	0.2	5:59	8:30	
20	Fri			12:15	3.1	6:31	0.5	6:59	0.3	5:59	8:29	
21	Sat	12:52	3.0	1:12	2.9	7:25	0.6	7:45	0.4	6:00	8:28	
22	Sun	1:46	3.0	2:07	2.8	8:19	0.7	8:31	0.6	6:01	8:27	
23	Mon	2:39	3.0	3:04	2.7	9:15	0.8	9:19	0.7	6:02	8:27	
24	Tue	3:35	2.9	4:03	2.6	10:13	0.9	10:09	0.8	6:03	8:26	
25	Wed	4:32	2.9	5:03	2.6	11:10	0.9	11:00	0.8	6:04	8:25	
26	Thu	5:27	3.0	5:58	2.6			12:04	0.8	6:04	8:24	
27	Fri	6:17	3.0	6:49	2.6			12:57	0.7	6:05	8:23	
28	Sat	7:03	3.1	7:37	2.7	12:40	0.8	1:45	0.6	6:06	8:22	
29	Sun	7:46	3.1	8:22	2.7	1:29	0.7	2:29	0.5	6:07	8:21	
30	Mon	8:26	3.1	9:03	2.8	2:16	0.7	3:10	0.5	6:08	8:20	
31	Tue	9:03	3.1	9:39	2.8	2:59	0.7	3:47	0.4	6:09	8:19	