US HARBORS www.USHarbors.com

Alexandria, VA - Aug 2057

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	9:38	3.1	10:13	2.9	3:40	0.6	4:23	0.5	6:10	8:18	
2	Thu	10:12	3.1	10:45	2.9	4:20	0.6	4:58	0.5	6:11	8:17	
3	Fri	10:48	3.1	11:18	3.0	5:01	0.7	5:33	0.5	6:11	8:16	
4	Sat	11:28	3.1	11:56	3.0	5:44	0.7	6:08	0.5	6:12	8:15	
5	Sun			12:12	3.1	6:28	0.7	6:46	0.5	6:13	8:14	
6	Mon	12:39	3.1	1:00	3.0	7:15	0.7	7:25	0.5	6:14	8:13	
7	Tue	1:26	3.2	1:51	2.9	8:07	0.8	8:10	0.6	6:15	8:12	
8	Wed	2:18	3.2	2:49	2.8	9:10	0.9	9:05	0.6	6:16	8:11	
9	Thu	3:17	3.2	3:58	2.7	10:23	0.9	10:11	0.7	6:17	8:09	
10	Fri	4:25	3.2	5:10	2.7	11:33	0.8	11:23	0.7	6:18	8:08	
11	Sat	5:32	3.3	6:15	2.8			12:38	0.7	6:19	8:07	
12	Sun	6:34	3.3	7:14	2.9	12:33	0.6	1:38	0.5	6:19	8:06	
13	Mon	7:32	3.4	8:10	3.0	1:39	0.5	2:33	0.3	6:20	8:05	
14	Tue	8:27	3.4	9:02	3.1	2:38	0.4	3:23	0.2	6:21	8:03	
15	Wed	9:20	3.4	9:52	3.1	3:32	0.3	4:10	0.2	6:22	8:02	
16	Thu	10:10	3.3	10:40	3.1	4:25	0.3	4:56	0.2	6:23	8:01	
17	Fri	11:00	3.2	11:29	3.1	5:16	0.4	5:41	0.3	6:24	7:59	
18	Sat	11:51	3.1			6:08	0.5	6:25	0.5	6:25	7:58	
19	Sun	12:19	3.1	12:43	2.9	6:58	0.6	7:07	0.6	6:26	7:57	
20	Mon	1:08	3.1	1:35	2.8	7:49	0.8	7:48	0.7	6:27	7:55	
21	Tue	1:58	3.0	2:29	2.7	8:41	0.9	8:30	0.9	6:28	7:54	
22	Wed	2:49	3.0	3:26	2.6	9:36	1.0	9:18	1.0	6:28	7:52	
23	Thu	3:46	2.9	4:27	2.5	10:33	1.1	10:12	1.0	6:29	7:51	
24	Fri	4:45	2.9	5:26	2.6	11:28	1.0	11:08	1.0	6:30	7:49	
25	Sat	5:41	3.0	6:19	2.6			12:20	0.9	6:31	7:48	
26	Sun	6:31	3.0	7:08	2.7	12:04	1.0	1:09	0.8	6:32	7:47	
27	Mon	7:17	3.1	7:52	2.8	12:58	0.9	1:54	0.7	6:33	7:45	
28	Tue	7:58	3.1	8:32	2.9	1:48	0.8	2:35	0.6	6:34	7:44	
29	Wed	8:37	3.2	9:07	3.0	2:35	0.7	3:13	0.5	6:35	7:42	
30	Thu	9:13	3.2	9:40	3.1	3:18	0.6	3:49	0.5	6:36	7:41	
31	Fri	9:49	3.2	10:12	3.2	3:59	0.6	4:25	0.5	6:37	7:39	