US HARBORS www.USHarbors.com

Alexandria, VA - Aug 2060

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	**12:21**	2.9	**12:34**	2.8	**6:42**	0.9	**6:57**	0.7	6:10	8:18	
2	Mon	**1:04**	2.9	**1:20**	2.7	**7:26**	1.0	**7:28**	0.8	6:11	8:17	
3	Tue	**1:47**	2.9	**2:06**	2.6	**8:11**	1.1	**8:01**	0.9	6:12	8:16	
4	Wed	**2:30**	2.9	**2:57**	2.5	**9:02**	1.2	**8:40**	0.9	6:13	8:15	
5	Thu	**3:19**	2.8	**3:56**	2.4	**10:01**	1.2	**9:30**	1.0	6:13	8:14	
6	Fri	**4:16**	2.9	**4:59**	2.4	**11:02**	1.2	**10:29**	1.0	6:14	8:13	
7	Sat	**5:13**	2.9	**5:56**	2.4			**12:00**	1.1	6:15	8:12	
8	Sun	**6:05**	3.0	**6:46**	2.5			**12:55**	1.0	6:16	8:10	
9	Mon	**6:54**	3.1	**7:33**	2.6	**12:33**	0.9	**1:45**	0.8	6:17	8:09	
10	Tue	**7:40**	3.2	**8:16**	2.8	**1:32**	0.8	**2:31**	0.6	6:18	8:08	
11	Wed	**8:25**	3.2	**8:57**	2.9	**2:27**	0.6	**3:14**	0.5	6:19	8:07	
12	Thu	**9:09**	3.3	**9:38**	3.0	**3:17**	0.5	**3:55**	0.4	6:20	8:05	
13	Fri	**9:54**	3.3	**10:19**	3.1	**4:05**	0.4	**4:36**	0.3	6:21	8:04	
14	Sat	**10:40**	3.3	**11:03**	3.2	**4:55**	0.4	**5:19**	0.3	6:22	8:03	
15	Sun	**11:28**	3.2	**11:51**	3.3	**5:46**	0.4	**6:03**	0.3	6:22	8:02	
16	Mon			**12:20**	3.1	**6:40**	0.5	**6:49**	0.4	6:23	8:00	
17	Tue	**12:42**	3.3	**1:14**	3.0	**7:35**	0.6	**7:36**	0.5	6:24	7:59	
18	Wed	**1:35**	3.3	**2:11**	2.8	**8:35**	0.7	**8:28**	0.6	6:25	7:58	
19	Thu	**2:33**	3.2	**3:15**	2.7	**9:40**	0.8	**9:29**	0.7	6:26	7:56	
20	Fri	**3:37**	3.1	**4:25**	2.6	**10:46**	0.8	**10:36**	0.8	6:27	7:55	
21	Sat	**4:46**	3.1	**5:33**	2.6	**11:50**	0.8	**11:42**	0.8	6:28	7:53	
22	Sun	**5:51**	3.1	**6:33**	2.7			**12:49**	0.6	6:29	7:52	
23	Mon	**6:49**	3.1	**7:28**	2.8	**12:45**	0.8	**1:43**	0.5	6:30	7:51	
24	Tue	**7:42**	3.2	**8:18**	2.9	**1:44**	0.7	**2:32**	0.4	6:31	7:49	
25	Wed	**8:31**	3.2	**9:03**	3.0	**2:36**	0.6	**3:15**	0.4	6:31	7:48	
26	Thu	**9:15**	3.2	**9:45**	3.1	**3:23**	0.6	**3:55**	0.4	6:32	7:46	
27	Fri	**9:58**	3.1	**10:24**	3.1	**4:07**	0.6	**4:33**	0.5	6:33	7:45	
28	Sat	**10:38**	3.0	**11:03**	3.1	**4:48**	0.7	**5:07**	0.6	6:34	7:43	
29	Sun	**11:19**	2.9	**11:40**	3.0	**5:29**	0.8	**5:39**	0.7	6:35	7:42	
30	Mon			**12:00**	2.8	**6:10**	0.9	**6:08**	0.8	6:36	7:40	
31	Tue	**12:18**	3.0	**12:41**	2.7	**6:50**	1.1	**6:37**	0.9	6:37	7:39	