

Aquia Creek, VA - Aug 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	11:12	1.5	11:41	1.6	5:02	0.3	5:14	0.2	6:11	8:19	
2	Mon			12:09	1.5	6:00	0.3	6:06	0.2	6:12	8:18	
3	Tue	12:38	1.6	1:12	1.4	7:04	0.3	7:06	0.3	6:13	8:17	
4	Wed	1:41	1.6	2:21	1.4	8:10	0.4	8:12	0.3	6:14	8:16	
5	Thu	2:49	1.6	3:30	1.4	9:14	0.3	9:17	0.3	6:15	8:15	
6	Fri	3:54	1.6	4:32	1.4	10:15	0.3	10:19	0.3	6:16	8:14	
7	Sat	4:53	1.6	5:29	1.4	11:11	0.2	11:18	0.2	6:16	8:13	
8	Sun	5:46	1.6	6:21	1.5			12:02	0.1	6:17	8:12	
9	Mon	6:37	1.6	7:09	1.5	12:12	0.2	12:49	0.1	6:18	8:10	
10	Tue	7:24	1.6	7:53	1.5	1:01	0.2	1:32	0.1	6:19	8:09	
11	Wed	8:08	1.6	8:36	1.5	1:47	0.2	2:13	0.2	6:20	8:08	
12	Thu	8:52	1.6	9:18	1.5	2:32	0.3	2:51	0.2	6:21	8:07	
13	Fri	9:36	1.5	9:59	1.5	3:16	0.3	3:28	0.3	6:22	8:05	
14	Sat	10:20	1.5	10:41	1.5	3:59	0.4	4:01	0.3	6:23	8:04	
15	Sun	11:05	1.4	11:22	1.5	4:42	0.5	4:33	0.4	6:24	8:03	
16	Mon	11:51	1.4			5:25	0.5	5:07	0.4	6:24	8:02	
17	Tue	12:04	1.5	12:39	1.3	6:11	0.6	5:46	0.4	6:25	8:00	
18	Wed	12:49	1.5	1:34	1.3	7:04	0.6	6:36	0.5	6:26	7:59	
19	Thu	1:42	1.4	2:35	1.3	8:03	0.6	7:36	0.5	6:27	7:58	
20	Fri	2:44	1.4	3:34	1.3	9:01	0.6	8:41	0.5	6:28	7:56	
21	Sat	3:43	1.5	4:26	1.3	9:55	0.5	9:43	0.4	6:29	7:55	
22	Sun	4:35	1.5	5:13	1.4	10:46	0.4	10:43	0.3	6:30	7:54	
23	Mon	5:23	1.6	5:57	1.5	11:34	0.3	11:38	0.3	6:31	7:52	
24	Tue	6:08	1.6	6:39	1.6			12:19	0.2	6:32	7:51	
25	Wed	6:53	1.7	7:21	1.6	12:30	0.2	1:02	0.2	6:32	7:49	
26	Thu	7:38	1.7	8:03	1.7	1:19	0.2	1:45	0.1	6:33	7:48	
27	Fri	8:23	1.7	8:47	1.7	2:08	0.2	2:29	0.1	6:34	7:46	
28	Sat	9:10	1.6	9:35	1.7	3:00	0.2	3:15	0.1	6:35	7:45	
29	Sun	10:02	1.6	10:26	1.7	3:54	0.2	4:04	0.2	6:36	7:43	
30	Mon	10:57	1.5	11:21	1.7	4:50	0.3	4:56	0.2	6:37	7:42	
31	Tue	11:56	1.5			5:48	0.3	5:51	0.3	6:38	7:40	