

Aquia Creek, VA - Nov 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	1:59	1.4	2:35	1.4	7:54	0.2	8:22	0.3	6:36	5:09	
2	Tue	2:57	1.4	3:28	1.4	8:45	0.2	9:17	0.2	6:37	5:08	
3	Wed	3:49	1.4	4:15	1.5	9:33	0.2	10:09	0.2	6:38	5:07	
4	Thu	4:37	1.4	4:59	1.5	10:18	0.2	10:56	0.1	6:39	5:06	
5	Fri	5:21	1.4	5:39	1.5	10:59	0.1	11:39	0.1	6:40	5:05	
6	Sat	6:03	1.4	6:16	1.5	11:36	0.1			6:41	5:04	
7	Sun	6:43	1.4	6:50	1.5	12:20	0.1	12:11	0.2	6:42	5:03	
8	Mon	7:20	1.3	7:22	1.5	12:59	0.2	12:45	0.2	6:43	5:02	
9	Tue	7:56	1.3	7:53	1.5	1:37	0.2	1:19	0.2	6:44	5:01	
10	Wed	8:32	1.3	8:26	1.5	2:15	0.2	1:56	0.2	6:45	5:00	
11	Thu	9:08	1.3	9:05	1.4	2:52	0.2	2:37	0.2	6:47	4:59	
12	Fri	9:47	1.3	9:50	1.4	3:30	0.3	3:21	0.2	6:48	4:59	
13	Sat	10:30	1.3	10:39	1.4	4:08	0.2	4:08	0.2	6:49	4:58	
14	Sun	11:18	1.3	11:33	1.4	4:51	0.2	5:02	0.2	6:50	4:57	
15	Mon			12:13	1.3	5:42	0.2	6:05	0.2	6:51	4:56	
16	Tue	12:36	1.3	1:15	1.4	6:41	0.2	7:16	0.2	6:52	4:56	
17	Wed	1:44	1.3	2:19	1.4	7:41	0.1	8:24	0.1	6:53	4:55	
18	Thu	2:50	1.4	3:17	1.5	8:40	0.1	9:29	0.0	6:54	4:54	
19	Fri	3:48	1.4	4:11	1.6	9:39	0.0	10:30	0.0	6:55	4:54	
20	Sat	4:43	1.4	5:04	1.6	10:36	-0.1	11:27	-0.1	6:56	4:53	
21	Sun	5:37	1.4	5:55	1.6	11:30	-0.1			6:57	4:52	
22	Mon	6:29	1.4	6:46	1.6	12:20	-0.2	12:23	-0.1	6:58	4:52	
23	Tue	7:21	1.4	7:38	1.6	1:13	-0.2	1:16	-0.1	7:00	4:51	
24	Wed	8:14	1.3	8:31	1.5	2:05	-0.1	2:11	-0.1	7:01	4:51	
25	Thu	9:11	1.3	9:28	1.4	2:58	-0.1	3:07	0.0	7:02	4:51	
26	Fri	10:08	1.3	10:27	1.3	3:49	-0.1	4:02	0.0	7:03	4:50	
27	Sat	11:05	1.3	11:25	1.3	4:39	0.0	4:58	0.1	7:04	4:50	
28	Sun			12:03	1.2	5:30	0.0	5:55	0.1	7:05	4:49	
29	Mon	12:24	1.2	1:01	1.2	6:22	0.1	6:54	0.1	7:06	4:49	
30	Tue	1:26	1.2	2:00	1.2	7:13	0.1	7:51	0.1	7:07	4:49	