

Aquia Creek, VA - Aug 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	5:36	1.6	6:09	1.4	11:42	0.2	11:37	0.3	6:11	8:20	
2	Wed	6:19	1.6	6:52	1.5			12:24	0.2	6:12	8:19	
3	Thu	6:59	1.6	7:32	1.5	12:21	0.3	1:03	0.2	6:13	8:18	
4	Fri	7:36	1.6	8:08	1.5	1:02	0.3	1:39	0.2	6:13	8:17	
5	Sat	8:10	1.6	8:41	1.5	1:40	0.3	2:13	0.2	6:14	8:15	
6	Sun	8:43	1.5	9:11	1.5	2:18	0.3	2:46	0.2	6:15	8:14	
7	Mon	9:17	1.5	9:43	1.5	2:57	0.4	3:18	0.3	6:16	8:13	
8	Tue	9:54	1.5	10:19	1.5	3:36	0.4	3:51	0.3	6:17	8:12	
9	Wed	10:36	1.5	11:00	1.6	4:18	0.4	4:27	0.3	6:18	8:11	
10	Thu	11:22	1.5	11:47	1.6	5:02	0.4	5:07	0.3	6:19	8:10	
11	Fri			12:13	1.4	5:54	0.5	5:54	0.3	6:20	8:09	
12	Sat	12:39	1.6	1:12	1.4	6:58	0.5	6:52	0.3	6:20	8:07	
13	Sun	1:40	1.6	2:22	1.4	8:12	0.5	8:04	0.4	6:21	8:06	
14	Mon	2:49	1.6	3:34	1.4	9:21	0.4	9:18	0.3	6:22	8:05	
15	Tue	3:57	1.6	4:37	1.4	10:24	0.3	10:27	0.3	6:23	8:04	
16	Wed	4:58	1.7	5:35	1.5	11:23	0.2	11:31	0.2	6:24	8:02	
17	Thu	5:56	1.7	6:29	1.6			12:16	0.1	6:25	8:01	
18	Fri	6:50	1.7	7:21	1.6	12:29	0.1	1:06	0.1	6:26	8:00	
19	Sat	7:42	1.7	8:11	1.7	1:23	0.1	1:54	0.0	6:27	7:58	
20	Sun	8:33	1.7	9:00	1.7	2:16	0.1	2:41	0.1	6:28	7:57	
21	Mon	9:25	1.6	9:51	1.6	3:10	0.1	3:29	0.1	6:28	7:56	
22	Tue	10:18	1.6	10:44	1.6	4:03	0.2	4:16	0.2	6:29	7:54	
23	Wed	11:13	1.5	11:37	1.6	4:56	0.3	5:03	0.2	6:30	7:53	
24	Thu			12:08	1.4	5:49	0.3	5:50	0.3	6:31	7:51	
25	Fri	12:30	1.5	1:04	1.4	6:44	0.4	6:40	0.4	6:32	7:50	
26	Sat	1:27	1.5	2:05	1.3	7:41	0.5	7:34	0.4	6:33	7:49	
27	Sun	2:27	1.5	3:07	1.3	8:37	0.5	8:31	0.5	6:34	7:47	
28	Mon	3:26	1.5	4:03	1.4	9:30	0.4	9:26	0.5	6:35	7:46	
29	Tue	4:20	1.5	4:54	1.4	10:20	0.4	10:18	0.4	6:36	7:44	
30	Wed	5:09	1.5	5:41	1.5	11:07	0.3	11:08	0.4	6:36	7:43	
31	Thu	5:53	1.6	6:24	1.5	11:50	0.3	11:55	0.3	6:37	7:41	