

Aquia Creek, VA - Jan 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	9:10	1.1	9:32	1.2	2:53	-0.2	3:09	-0.2	7:26	4:59	
2	Tue	9:55	1.2	10:22	1.2	3:33	-0.2	3:58	-0.2	7:26	5:00	
3	Wed	10:44	1.2	11:15	1.1	4:15	-0.2	4:51	-0.2	7:26	5:01	
4	Thu	11:36	1.2			5:00	-0.2	5:53	-0.1	7:26	5:01	
5	Fri	12:13	1.1	12:35	1.2	5:53	-0.2	7:03	-0.1	7:26	5:02	
6	Sat	1:19	1.0	1:41	1.2	6:56	-0.2	8:14	-0.1	7:26	5:03	
7	Sun	2:27	1.0	2:47	1.2	8:03	-0.2	9:20	-0.2	7:26	5:04	
8	Mon	3:31	1.0	3:49	1.2	9:11	-0.2	10:22	-0.2	7:26	5:05	
9	Tue	4:31	1.0	4:47	1.2	10:16	-0.2	11:18	-0.3	7:26	5:06	
10	Wed	5:28	1.0	5:43	1.2	11:16	-0.3			7:26	5:07	
11	Thu	6:21	1.1	6:36	1.2	12:09	-0.4	12:10	-0.3	7:26	5:08	
12	Fri	7:11	1.1	7:26	1.2	12:56	-0.4	1:01	-0.3	7:26	5:09	
13	Sat	7:59	1.1	8:16	1.1	1:42	-0.4	1:51	-0.3	7:25	5:10	
14	Sun	8:48	1.1	9:06	1.1	2:26	-0.3	2:39	-0.3	7:25	5:11	
15	Mon	9:36	1.1	9:56	1.1	3:08	-0.3	3:26	-0.2	7:25	5:12	
16	Tue	10:22	1.1	10:44	1.0	3:47	-0.2	4:12	-0.2	7:24	5:13	
17	Wed	11:07	1.1	11:32	1.0	4:24	-0.2	4:57	-0.1	7:24	5:14	
18	Thu	11:53	1.1			5:00	-0.1	5:47	-0.1	7:23	5:15	
19	Fri	12:22	0.9	12:43	1.0	5:39	-0.1	6:41	0.0	7:23	5:16	
20	Sat	1:18	0.9	1:38	1.0	6:25	-0.1	7:38	0.0	7:23	5:17	
21	Sun	2:16	0.9	2:33	1.0	7:19	-0.1	8:35	0.0	7:22	5:19	
22	Mon	3:11	0.9	3:24	1.1	8:16	-0.1	9:29	-0.1	7:21	5:20	
23	Tue	4:01	0.9	4:11	1.1	9:14	-0.1	10:20	-0.1	7:21	5:21	
24	Wed	4:48	0.9	4:56	1.1	10:10	-0.2	11:06	-0.2	7:20	5:22	
25	Thu	5:31	1.0	5:39	1.1	11:03	-0.2	11:48	-0.2	7:20	5:23	
26	Fri	6:10	1.0	6:20	1.2	11:50	-0.3			7:19	5:24	
27	Sat	6:47	1.1	7:01	1.2	12:27	-0.3	12:36	-0.3	7:18	5:25	
28	Sun	7:24	1.1	7:43	1.2	1:07	-0.3	1:22	-0.3	7:17	5:26	
29	Mon	8:03	1.2	8:28	1.2	1:47	-0.3	2:09	-0.3	7:17	5:28	
30	Tue	8:47	1.2	9:16	1.2	2:28	-0.3	2:57	-0.3	7:16	5:29	
31	Wed	9:33	1.2	10:06	1.1	3:10	-0.3	3:48	-0.3	7:15	5:30	