

Aquia Creek, VA - Aug 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	3:23	1.5	4:00	1.2	9:27	0.5	9:05	0.5	6:11	8:19	
2	Thu	4:15	1.5	4:52	1.3	10:19	0.5	10:01	0.5	6:12	8:18	
3	Fri	5:03	1.5	5:39	1.3	11:07	0.4	10:55	0.4	6:13	8:17	
4	Sat	5:47	1.5	6:22	1.4	11:51	0.3	11:46	0.4	6:14	8:16	
5	Sun	6:28	1.6	7:00	1.4			12:32	0.3	6:14	8:15	
6	Mon	7:06	1.6	7:35	1.5	12:32	0.3	1:09	0.2	6:15	8:14	
7	Tue	7:43	1.6	8:08	1.5	1:15	0.3	1:45	0.2	6:16	8:13	
8	Wed	8:21	1.6	8:43	1.5	1:58	0.3	2:21	0.2	6:17	8:12	
9	Thu	9:01	1.6	9:22	1.6	2:42	0.3	2:59	0.2	6:18	8:11	
10	Fri	9:44	1.6	10:05	1.6	3:29	0.3	3:38	0.2	6:19	8:10	
11	Sat	10:31	1.5	10:52	1.6	4:18	0.3	4:19	0.2	6:20	8:08	
12	Sun	11:23	1.5	11:43	1.6	5:11	0.4	5:04	0.3	6:21	8:07	
13	Mon			12:18	1.4	6:10	0.4	5:55	0.3	6:21	8:06	
14	Tue	12:39	1.6	1:23	1.3	7:19	0.5	6:58	0.4	6:22	8:05	
15	Wed	1:44	1.6	2:37	1.3	8:29	0.5	8:13	0.4	6:23	8:03	
16	Thu	2:57	1.6	3:48	1.3	9:35	0.4	9:26	0.4	6:24	8:02	
17	Fri	4:06	1.6	4:51	1.4	10:35	0.3	10:34	0.3	6:25	8:01	
18	Sat	5:08	1.6	5:47	1.4	11:30	0.2	11:35	0.3	6:26	8:00	
19	Sun	6:04	1.6	6:39	1.5			12:20	0.2	6:27	7:58	
20	Mon	6:55	1.6	7:26	1.6	12:29	0.2	1:06	0.2	6:28	7:57	
21	Tue	7:43	1.6	8:11	1.6	1:19	0.2	1:49	0.2	6:29	7:55	
22	Wed	8:28	1.6	8:54	1.6	2:06	0.2	2:29	0.2	6:29	7:54	
23	Thu	9:13	1.5	9:38	1.6	2:53	0.3	3:09	0.3	6:30	7:53	
24	Fri	9:59	1.5	10:22	1.6	3:39	0.3	3:46	0.3	6:31	7:51	
25	Sat	10:46	1.4	11:06	1.5	4:25	0.4	4:21	0.4	6:32	7:50	
26	Sun	11:33	1.3	11:51	1.5	5:11	0.5	4:55	0.4	6:33	7:48	
27	Mon			12:23	1.3	5:58	0.6	5:33	0.5	6:34	7:47	
28	Tue	12:38	1.5	1:18	1.2	6:50	0.6	6:19	0.5	6:35	7:45	
29	Wed	1:32	1.4	2:21	1.2	7:47	0.6	7:18	0.6	6:36	7:44	
30	Thu	2:34	1.4	3:23	1.2	8:44	0.6	8:24	0.6	6:37	7:43	
31	Fri	3:35	1.4	4:17	1.3	9:36	0.6	9:27	0.5	6:37	7:41	