

Cape Charles Harbor, VA - Jul 1968

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	1:08	2.4	1:43	2.3	7:43	0.2	8:03	0.3	5:47	8:28	
2	Tue	1:53	2.3	2:31	2.4	8:30	0.2	9:02	0.3	5:47	8:28	
3	Wed	2:42	2.2	3:24	2.5	9:19	0.1	10:04	0.3	5:48	8:28	
4	Thu	3:38	2.1	4:23	2.6	10:12	0.1	11:10	0.2	5:48	8:28	
5	Fri	4:41	2.0	5:26	2.7	11:09	0.1			5:49	8:27	
6	Sat	5:48	2.0	6:28	2.8	12:15	0.2	12:08	0.0	5:49	8:27	
7	Sun	6:52	2.1	7:28	3.0	1:17	0.1	1:07	-0.1	5:50	8:27	
8	Mon	7:53	2.1	8:27	3.0	2:17	0.0	2:06	-0.1	5:51	8:27	
9	Tue	8:53	2.2	9:24	3.1	3:14	-0.1	3:06	-0.2	5:51	8:26	
10	Wed	9:49	2.3	10:18	3.0	4:07	-0.1	4:03	-0.2	5:52	8:26	
11	Thu	10:42	2.4	11:08	2.9	4:56	-0.1	4:56	-0.2	5:52	8:26	
12	Fri	11:33	2.4	11:57	2.8	5:43	-0.1	5:49	-0.1	5:53	8:25	
13	Sat			12:23	2.4	6:30	0.0	6:45	0.1	5:54	8:25	
14	Sun	12:45	2.6	1:13	2.4	7:17	0.1	7:43	0.2	5:54	8:24	
15	Mon	1:30	2.4	2:01	2.4	8:03	0.2	8:41	0.4	5:55	8:24	
16	Tue	2:15	2.2	2:48	2.4	8:47	0.3	9:39	0.5	5:56	8:23	
17	Wed	3:00	2.0	3:36	2.4	9:31	0.3	10:38	0.5	5:57	8:23	
18	Thu	3:50	1.8	4:31	2.3	10:16	0.4	11:36	0.6	5:57	8:22	
19	Fri	4:49	1.7	5:28	2.4	11:04	0.5			5:58	8:22	
20	Sat	5:51	1.7	6:21	2.4	12:30	0.6	11:54 AM	0.5	5:59	8:21	
21	Sun	6:46	1.8	7:09	2.4	1:19	0.5	12:44	0.5	6:00	8:20	
22	Mon	7:35	1.8	7:56	2.5	2:06	0.5	1:33	0.4	6:00	8:20	
23	Tue	8:22	1.9	8:40	2.6	2:49	0.4	2:22	0.4	6:01	8:19	
24	Wed	9:06	2.0	9:22	2.6	3:28	0.3	3:08	0.3	6:02	8:18	
25	Thu	9:48	2.1	10:02	2.6	4:04	0.3	3:52	0.2	6:03	8:17	
26	Fri	10:27	2.2	10:40	2.6	4:38	0.2	4:34	0.2	6:03	8:17	
27	Sat	11:07	2.3	11:19	2.6	5:13	0.1	5:16	0.2	6:04	8:16	
28	Sun	11:49	2.4			5:49	0.1	6:00	0.2	6:05	8:15	
29	Mon	12:00	2.6	12:33	2.5	6:28	0.1	6:50	0.3	6:06	8:14	
30	Tue	12:44	2.5	1:19	2.6	7:12	0.1	7:45	0.3	6:07	8:13	
31	Wed	1:30	2.4	2:07	2.6	7:59	0.1	8:44	0.4	6:08	8:12	