

Cape Charles Harbor, VA - Mar 1969

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	7:11	2.1	7:25	1.9	12:52	0.1	1:44	0.2	6:35	5:57	
2	Sun	7:50	2.2	8:05	2.0	1:39	-0.1	2:19	0.0	6:33	5:58	
3	Mon	8:26	2.3	8:43	2.2	2:22	-0.2	2:52	-0.1	6:32	5:59	
4	Tue	9:02	2.3	9:20	2.3	3:01	-0.2	3:24	-0.2	6:30	6:00	
5	Wed	9:37	2.3	9:58	2.4	3:40	-0.3	3:57	-0.3	6:29	6:01	
6	Thu	10:14	2.3	10:38	2.5	4:20	-0.3	4:32	-0.3	6:28	6:02	
7	Fri	10:54	2.2	11:22	2.5	5:03	-0.2	5:12	-0.2	6:26	6:03	
8	Sat	11:38	2.1			5:52	-0.1	5:57	-0.2	6:25	6:04	
9	Sun	12:10	2.5	12:26	2.0	6:47	0.0	6:49	-0.1	6:23	6:05	
10	Mon	1:02	2.4	1:19	1.8	7:48	0.1	7:48	0.0	6:22	6:06	
11	Tue	2:02	2.4	2:21	1.8	8:56	0.2	8:55	0.0	6:20	6:07	
12	Wed	3:15	2.3	3:38	1.7	10:10	0.2	10:10	0.0	6:19	6:08	
13	Thu	4:37	2.4	5:01	1.8	11:20	0.2	11:23	0.0	6:17	6:09	
14	Fri	5:48	2.4	6:08	2.0			12:20	0.1	6:16	6:10	
15	Sat	6:46	2.5	7:04	2.2	12:28	-0.2	1:13	0.0	6:14	6:11	
16	Sun	7:37	2.6	7:54	2.4	1:27	-0.3	2:01	-0.2	6:13	6:12	
17	Mon	8:23	2.6	8:39	2.6	2:20	-0.3	2:44	-0.2	6:11	6:13	
18	Tue	9:04	2.5	9:21	2.6	3:08	-0.4	3:22	-0.3	6:10	6:13	
19	Wed	9:42	2.4	9:59	2.7	3:52	-0.3	3:59	-0.2	6:08	6:14	
20	Thu	10:20	2.3	10:38	2.6	4:33	-0.2	4:33	-0.1	6:07	6:15	
21	Fri	10:57	2.2	11:16	2.5	5:15	0.0	5:09	0.0	6:05	6:16	
22	Sat	11:36	2.0	11:57	2.4	5:58	0.1	5:47	0.1	6:04	6:17	
23	Sun			12:17	1.9	6:45	0.3	6:30	0.3	6:02	6:18	
24	Mon	12:40	2.2	1:01	1.8	7:35	0.5	7:18	0.4	6:01	6:19	
25	Tue	1:27	2.1	1:50	1.7	8:30	0.6	8:14	0.5	5:59	6:20	
26	Wed	2:23	2.0	2:50	1.6	9:33	0.7	9:19	0.5	5:58	6:21	
27	Thu	3:33	2.0	4:04	1.7	10:36	0.6	10:27	0.5	5:56	6:22	
28	Fri	4:47	2.0	5:10	1.8	11:29	0.6	11:28	0.4	5:55	6:22	
29	Sat	5:43	2.1	6:01	2.0			12:13	0.5	5:53	6:23	
30	Sun	6:29	2.2	6:46	2.2	12:20	0.3	12:54	0.3	5:52	6:24	
31	Mon	7:10	2.3	7:28	2.4	1:09	0.1	1:32	0.2	5:50	6:25	