

Cape Charles Harbor, VA - Aug 1969

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri			12:22	2.8	6:22	-0.1	6:50	0.0	6:08	8:12	
2	Sat	12:43	2.6	1:13	2.7	7:09	0.0	7:50	0.2	6:09	8:11	
3	Sun	1:31	2.4	2:03	2.7	7:57	0.1	8:51	0.4	6:10	8:10	
4	Mon	2:18	2.2	2:53	2.6	8:44	0.2	9:52	0.5	6:11	8:09	
5	Tue	3:07	2.0	3:48	2.5	9:34	0.4	10:54	0.6	6:12	8:08	
6	Wed	4:05	1.9	4:51	2.5	10:26	0.5	11:55	0.6	6:12	8:06	
7	Thu	5:15	1.8	5:54	2.5	11:23	0.6			6:13	8:05	
8	Fri	6:20	1.8	6:48	2.5	12:49	0.6	12:19	0.6	6:14	8:04	
9	Sat	7:12	1.9	7:36	2.5	1:38	0.6	1:11	0.5	6:15	8:03	
10	Sun	7:59	2.0	8:19	2.5	2:23	0.5	2:01	0.5	6:16	8:02	
11	Mon	8:42	2.1	8:59	2.6	3:03	0.5	2:47	0.4	6:17	8:01	
12	Tue	9:21	2.3	9:35	2.6	3:38	0.4	3:30	0.4	6:17	8:00	
13	Wed	9:58	2.4	10:10	2.6	4:10	0.3	4:09	0.3	6:18	7:59	
14	Thu	10:34	2.5	10:44	2.6	4:39	0.3	4:46	0.3	6:19	7:57	
15	Fri	11:10	2.5	11:19	2.5	5:09	0.3	5:24	0.4	6:20	7:56	
16	Sat	11:47	2.6	11:56	2.4	5:41	0.3	6:04	0.4	6:21	7:55	
17	Sun			12:27	2.6	6:16	0.3	6:50	0.5	6:22	7:54	
18	Mon	12:36	2.4	1:10	2.7	6:56	0.3	7:41	0.5	6:22	7:52	
19	Tue	1:20	2.3	1:57	2.7	7:42	0.3	8:38	0.6	6:23	7:51	
20	Wed	2:09	2.2	2:49	2.7	8:34	0.4	9:40	0.6	6:24	7:50	
21	Thu	3:05	2.1	3:50	2.8	9:33	0.4	10:48	0.6	6:25	7:48	
22	Fri	4:12	2.1	5:02	2.8	10:39	0.4	11:57	0.5	6:26	7:47	
23	Sat	5:28	2.1	6:13	2.9	11:49	0.3			6:27	7:46	
24	Sun	6:38	2.3	7:16	3.0	12:59	0.4	12:55	0.2	6:27	7:44	
25	Mon	7:40	2.4	8:14	3.1	1:57	0.3	1:58	0.1	6:28	7:43	
26	Tue	8:38	2.7	9:08	3.1	2:50	0.1	2:58	0.0	6:29	7:42	
27	Wed	9:30	2.8	9:57	3.1	3:39	0.0	3:54	-0.1	6:30	7:40	
28	Thu	10:19	3.0	10:42	3.0	4:23	0.0	4:45	0.0	6:31	7:39	
29	Fri	11:06	3.0	11:27	2.8	5:05	0.0	5:35	0.1	6:32	7:37	
30	Sat	11:52	3.0			5:46	0.1	6:26	0.2	6:32	7:36	
31	Sun	12:11	2.6	12:38	3.0	6:28	0.2	7:21	0.4	6:33	7:34	