

Cape Charles Harbor, VA - Nov 1969

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	1:13	2.0	1:32	2.4	7:26	0.8	8:39	0.8	6:28	5:06	
2	Sun	2:07	2.0	2:26	2.3	8:28	0.9	9:32	0.8	6:29	5:05	
3	Mon	3:09	2.0	3:27	2.2	9:34	0.8	10:20	0.7	6:30	5:04	
4	Tue	4:14	2.2	4:27	2.2	10:36	0.8	11:03	0.6	6:31	5:03	
5	Wed	5:07	2.3	5:18	2.3	11:30	0.6	11:44	0.5	6:32	5:02	
6	Thu	5:52	2.5	6:04	2.3			12:20	0.5	6:33	5:01	
7	Fri	6:35	2.7	6:48	2.3	12:24	0.3	1:07	0.4	6:34	5:00	
8	Sat	7:18	2.9	7:33	2.4	1:05	0.2	1:54	0.2	6:35	4:59	
9	Sun	8:01	3.1	8:19	2.4	1:48	0.1	2:40	0.1	6:37	4:58	
10	Mon	8:46	3.1	9:04	2.4	2:32	0.0	3:25	0.1	6:38	4:58	
11	Tue	9:32	3.2	9:52	2.3	3:16	0.0	4:12	0.1	6:39	4:57	
12	Wed	10:21	3.1	10:42	2.3	4:03	0.0	5:01	0.1	6:40	4:56	
13	Thu	11:14	3.0	11:37	2.2	4:53	0.0	5:57	0.2	6:41	4:55	
14	Fri			12:10	2.9	5:51	0.1	6:58	0.3	6:42	4:54	
15	Sat	12:37	2.2	1:09	2.7	6:57	0.2	8:00	0.3	6:43	4:54	
16	Sun	1:39	2.2	2:11	2.6	8:08	0.3	9:01	0.3	6:44	4:53	
17	Mon	2:49	2.3	3:19	2.4	9:22	0.3	10:00	0.2	6:45	4:52	
18	Tue	4:04	2.4	4:28	2.4	10:33	0.3	10:55	0.2	6:46	4:52	
19	Wed	5:08	2.5	5:27	2.3	11:37	0.3	11:44	0.1	6:47	4:51	
20	Thu	6:02	2.7	6:18	2.2			12:34	0.2	6:48	4:51	
21	Fri	6:49	2.8	7:05	2.2	12:30	0.0	1:27	0.1	6:49	4:50	
22	Sat	7:33	2.8	7:49	2.2	1:14	0.0	2:15	0.1	6:50	4:50	
23	Sun	8:14	2.8	8:31	2.1	1:56	0.0	2:59	0.1	6:51	4:49	
24	Mon	8:52	2.8	9:10	2.1	2:37	0.0	3:38	0.1	6:52	4:49	
25	Tue	9:29	2.7	9:49	2.0	3:15	0.1	4:15	0.2	6:53	4:48	
26	Wed	10:06	2.6	10:28	2.0	3:52	0.2	4:53	0.2	6:54	4:48	
27	Thu	10:45	2.5	11:10	1.9	4:30	0.2	5:32	0.3	6:55	4:48	
28	Fri	11:26	2.4	11:54	1.9	5:11	0.3	6:14	0.4	6:56	4:47	
29	Sat			12:09	2.3	5:57	0.4	6:58	0.4	6:57	4:47	
30	Sun	12:40	1.8	12:53	2.1	6:49	0.5	7:43	0.5	6:58	4:47	