

Cape Charles Harbor, VA - Dec 1969

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	1:28	1.9	1:38	2.0	7:46	0.6	8:28	0.4	6:59	4:46	
2	Tue	2:19	1.9	2:28	1.9	8:45	0.6	9:14	0.4	7:00	4:46	
3	Wed	3:16	2.0	3:25	1.9	9:48	0.5	10:03	0.3	7:01	4:46	
4	Thu	4:15	2.1	4:24	1.9	10:48	0.4	10:51	0.2	7:02	4:46	
5	Fri	5:08	2.3	5:20	1.9	11:44	0.3	11:39	0.0	7:03	4:46	
6	Sat	5:58	2.5	6:12	1.9			12:37	0.1	7:03	4:46	
7	Sun	6:47	2.7	7:04	2.0	12:28	-0.1	1:29	0.0	7:04	4:46	
8	Mon	7:37	2.8	7:56	2.1	1:18	-0.2	2:21	-0.2	7:05	4:46	
9	Tue	8:28	2.9	8:48	2.1	2:10	-0.3	3:10	-0.3	7:06	4:46	
10	Wed	9:19	3.0	9:39	2.1	3:00	-0.4	3:59	-0.3	7:07	4:46	
11	Thu	10:10	2.9	10:31	2.1	3:51	-0.4	4:49	-0.3	7:08	4:46	
12	Fri	11:03	2.8	11:27	2.1	4:45	-0.4	5:43	-0.2	7:08	4:47	
13	Sat	11:58	2.7			5:43	-0.3	6:39	-0.2	7:09	4:47	
14	Sun	12:25	2.1	12:53	2.5	6:48	-0.1	7:35	-0.1	7:10	4:47	
15	Mon	1:24	2.1	1:48	2.3	7:57	0.0	8:31	-0.1	7:10	4:47	
16	Tue	2:27	2.2	2:48	2.0	9:07	0.1	9:26	-0.1	7:11	4:48	
17	Wed	3:37	2.2	3:54	1.9	10:17	0.1	10:20	-0.1	7:12	4:48	
18	Thu	4:44	2.3	4:59	1.8	11:22	0.1	11:12	-0.1	7:12	4:48	
19	Fri	5:41	2.4	5:55	1.7			12:19	0.1	7:13	4:49	
20	Sat	6:31	2.4	6:45	1.7	12:01	-0.1	1:13	0.0	7:13	4:49	
21	Sun	7:16	2.4	7:31	1.7	12:48	-0.1	2:01	0.0	7:14	4:50	
22	Mon	7:57	2.4	8:14	1.7	1:34	-0.1	2:44	0.0	7:14	4:50	
23	Tue	8:36	2.4	8:53	1.8	2:18	-0.1	3:22	-0.1	7:15	4:51	
24	Wed	9:12	2.4	9:31	1.8	2:58	-0.1	3:56	-0.1	7:15	4:51	
25	Thu	9:47	2.3	10:08	1.8	3:35	-0.1	4:30	0.0	7:16	4:52	
26	Fri	10:23	2.3	10:46	1.8	4:12	-0.1	5:03	0.0	7:16	4:53	
27	Sat	11:00	2.2	11:26	1.8	4:49	0.0	5:37	0.0	7:16	4:53	
28	Sun	11:37	2.1			5:30	0.1	6:13	0.1	7:17	4:54	
29	Mon	12:08	1.8	12:16	1.9	6:16	0.2	6:52	0.1	7:17	4:55	
30	Tue	12:50	1.8	12:57	1.8	7:07	0.2	7:33	0.0	7:17	4:55	
31	Wed	1:35	1.8	1:41	1.7	8:01	0.3	8:18	0.0	7:17	4:56	