

Cape Charles Harbor, VA - Jan 1970

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	2:23	1.9	2:30	1.6	9:01	0.3	9:06	0.0	7:18	4:57	
2	Fri	3:21	2.0	3:32	1.5	10:05	0.2	10:02	-0.1	7:18	4:58	
3	Sat	4:24	2.1	4:39	1.6	11:09	0.1	11:01	-0.2	7:18	4:58	
4	Sun	5:25	2.3	5:42	1.6			12:10	0.0	7:18	4:59	
5	Mon	6:23	2.5	6:41	1.7			1:08	-0.2	7:18	5:00	
6	Tue	7:19	2.6	7:39	1.9	12:57	-0.4	2:03	-0.4	7:18	5:01	
7	Wed	8:14	2.8	8:33	2.0	1:54	-0.6	2:55	-0.5	7:18	5:02	
8	Thu	9:06	2.8	9:26	2.1	2:49	-0.7	3:43	-0.6	7:18	5:03	
9	Fri	9:57	2.8	10:17	2.2	3:42	-0.7	4:31	-0.6	7:18	5:04	
10	Sat	10:46	2.7	11:10	2.2	4:35	-0.7	5:19	-0.6	7:18	5:05	
11	Sun	11:36	2.5			5:32	-0.6	6:09	-0.5	7:18	5:06	
12	Mon	12:04	2.2	12:26	2.3	6:32	-0.4	7:00	-0.5	7:17	5:07	
13	Tue	12:58	2.2	1:16	2.0	7:35	-0.2	7:51	-0.4	7:17	5:08	
14	Wed	1:54	2.2	2:08	1.8	8:41	-0.1	8:43	-0.3	7:17	5:09	
15	Thu	2:56	2.1	3:08	1.6	9:49	0.0	9:39	-0.2	7:17	5:10	
16	Fri	4:07	2.1	4:20	1.4	10:56	0.1	10:37	-0.1	7:16	5:11	
17	Sat	5:14	2.1	5:28	1.4	11:57	0.1	11:33	-0.1	7:16	5:12	
18	Sun	6:10	2.1	6:24	1.5			12:52	0.1	7:15	5:13	
19	Mon	6:59	2.1	7:12	1.5	12:26	-0.1	1:41	0.0	7:15	5:14	
20	Tue	7:42	2.1	7:56	1.6	1:16	-0.1	2:24	0.0	7:15	5:15	
21	Wed	8:20	2.2	8:34	1.7	2:02	-0.2	3:00	-0.1	7:14	5:16	
22	Thu	8:55	2.2	9:10	1.8	2:43	-0.2	3:32	-0.1	7:14	5:17	
23	Fri	9:27	2.2	9:45	1.8	3:20	-0.2	4:01	-0.2	7:13	5:18	
24	Sat	9:59	2.1	10:20	1.9	3:54	-0.2	4:29	-0.2	7:12	5:19	
25	Sun	10:32	2.1	10:56	1.9	4:29	-0.2	4:58	-0.2	7:12	5:20	
26	Mon	11:06	2.0	11:33	1.9	5:06	-0.1	5:30	-0.2	7:11	5:21	
27	Tue	11:42	1.9			5:48	0.0	6:06	-0.2	7:10	5:22	
28	Wed	12:13	1.9	12:20	1.8	6:34	0.0	6:46	-0.1	7:10	5:23	
29	Thu	12:56	2.0	1:03	1.7	7:25	0.1	7:32	-0.1	7:09	5:24	
30	Fri	1:43	2.0	1:52	1.6	8:23	0.1	8:25	-0.1	7:08	5:26	
31	Sat	2:40	2.0	2:52	1.5	9:29	0.2	9:25	-0.1	7:07	5:27	