

Cape Charles Harbor, VA - Mar 1970

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	2:12	2.2	2:29	1.6	9:03	0.2	9:02	0.0	6:35	5:57	
2	Mon	3:22	2.2	3:44	1.6	10:16	0.2	10:15	0.0	6:33	5:58	
3	Tue	4:40	2.3	5:02	1.8	11:25	0.1	11:26	-0.2	6:32	5:59	
4	Wed	5:49	2.4	6:08	2.0			12:26	0.0	6:31	6:00	
5	Thu	6:49	2.6	7:07	2.2	12:31	-0.3	1:21	-0.2	6:29	6:01	
6	Fri	7:43	2.7	8:01	2.5	1:32	-0.5	2:11	-0.4	6:28	6:02	
7	Sat	8:33	2.7	8:51	2.6	2:28	-0.6	2:57	-0.5	6:26	6:03	
8	Sun	9:19	2.7	9:38	2.7	3:20	-0.6	3:40	-0.5	6:25	6:04	
9	Mon	10:03	2.6	10:24	2.8	4:09	-0.6	4:21	-0.5	6:24	6:05	
10	Tue	10:47	2.4	11:10	2.7	4:58	-0.4	5:03	-0.4	6:22	6:06	
11	Wed	11:31	2.2	11:57	2.6	5:49	-0.2	5:48	-0.2	6:21	6:07	
12	Thu			12:17	2.0	6:43	0.0	6:36	0.0	6:19	6:08	
13	Fri	12:46	2.4	1:03	1.8	7:40	0.2	7:28	0.1	6:18	6:09	
14	Sat	1:37	2.2	1:55	1.7	8:41	0.4	8:26	0.3	6:16	6:10	
15	Sun	2:36	2.0	2:59	1.6	9:48	0.5	9:32	0.4	6:15	6:10	
16	Mon	3:56	2.0	4:21	1.6	10:52	0.5	10:41	0.4	6:13	6:11	
17	Tue	5:11	2.0	5:27	1.7	11:46	0.5	11:40	0.3	6:12	6:12	
18	Wed	6:04	2.0	6:16	1.9			12:32	0.4	6:10	6:13	
19	Thu	6:47	2.1	6:59	2.0	12:32	0.3	1:12	0.3	6:09	6:14	
20	Fri	7:24	2.2	7:37	2.2	1:18	0.2	1:48	0.2	6:07	6:15	
21	Sat	7:59	2.2	8:13	2.3	2:00	0.1	2:20	0.1	6:06	6:16	
22	Sun	8:32	2.2	8:48	2.4	2:38	0.0	2:50	0.0	6:04	6:17	
23	Mon	9:05	2.2	9:22	2.5	3:14	0.0	3:20	0.0	6:03	6:18	
24	Tue	9:38	2.2	9:58	2.6	3:49	0.0	3:51	0.0	6:01	6:19	
25	Wed	10:14	2.2	10:35	2.6	4:25	0.0	4:25	0.0	6:00	6:20	
26	Thu	10:52	2.1	11:17	2.6	5:05	0.0	5:03	0.0	5:58	6:20	
27	Fri	11:35	2.0			5:50	0.1	5:48	0.1	5:57	6:21	
28	Sat	12:04	2.5	12:23	2.0	6:43	0.2	6:42	0.2	5:55	6:22	
29	Sun	12:56	2.5	1:16	1.9	7:42	0.3	7:43	0.2	5:54	6:23	
30	Mon	1:56	2.4	2:18	1.9	8:48	0.4	8:52	0.2	5:52	6:24	
31	Tue	3:06	2.4	3:33	1.9	9:58	0.3	10:07	0.2	5:51	6:25	