

Cape Charles Harbor, VA - Jul 1970

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	8:08	1.9	8:32	2.7	2:33	0.2	2:08	0.2	5:47	8:28	
2	Thu	8:56	2.0	9:16	2.6	3:21	0.2	2:58	0.2	5:47	8:28	
3	Fri	9:40	2.0	9:56	2.6	4:03	0.2	3:44	0.2	5:48	8:28	
4	Sat	10:21	2.1	10:34	2.5	4:41	0.2	4:26	0.2	5:48	8:28	
5	Sun	10:59	2.1	11:11	2.5	5:16	0.2	5:05	0.3	5:49	8:27	
6	Mon	11:38	2.1	11:48	2.4	5:49	0.2	5:44	0.3	5:49	8:27	
7	Tue			12:18	2.1	6:23	0.3	6:26	0.4	5:50	8:27	
8	Wed	12:26	2.3	12:58	2.2	6:57	0.3	7:12	0.5	5:50	8:27	
9	Thu	1:04	2.2	1:38	2.2	7:34	0.3	8:01	0.5	5:51	8:26	
10	Fri	1:44	2.1	2:20	2.3	8:12	0.4	8:52	0.6	5:52	8:26	
11	Sat	2:26	2.0	3:05	2.3	8:54	0.4	9:46	0.6	5:52	8:26	
12	Sun	3:12	1.9	3:55	2.4	9:40	0.4	10:44	0.5	5:53	8:25	
13	Mon	4:07	1.8	4:53	2.4	10:32	0.3	11:44	0.5	5:53	8:25	
14	Tue	5:11	1.8	5:53	2.6	11:29	0.3			5:54	8:25	
15	Wed	6:14	1.9	6:51	2.7	12:42	0.4	12:27	0.2	5:55	8:24	
16	Thu	7:13	2.0	7:47	2.8	1:38	0.2	1:26	0.1	5:56	8:24	
17	Fri	8:11	2.1	8:43	3.0	2:33	0.1	2:24	0.0	5:56	8:23	
18	Sat	9:07	2.3	9:37	3.0	3:26	0.0	3:22	-0.2	5:57	8:22	
19	Sun	10:01	2.4	10:29	3.1	4:16	-0.2	4:17	-0.2	5:58	8:22	
20	Mon	10:53	2.6	11:19	3.0	5:03	-0.2	5:11	-0.2	5:58	8:21	
21	Tue	11:45	2.7			5:50	-0.2	6:07	-0.2	5:59	8:21	
22	Wed	12:10	2.9	12:39	2.7	6:39	-0.2	7:07	-0.1	6:00	8:20	
23	Thu	1:01	2.7	1:33	2.8	7:29	-0.1	8:10	0.1	6:01	8:19	
24	Fri	1:52	2.4	2:27	2.7	8:20	0.0	9:15	0.2	6:02	8:19	
25	Sat	2:44	2.2	3:24	2.7	9:13	0.1	10:21	0.3	6:02	8:18	
26	Sun	3:42	2.0	4:29	2.6	10:07	0.2	11:26	0.4	6:03	8:17	
27	Mon	4:50	1.9	5:37	2.6	11:05	0.3			6:04	8:16	
28	Tue	6:00	1.9	6:37	2.6	12:28	0.4	12:04	0.3	6:05	8:15	
29	Wed	7:00	1.9	7:30	2.6	1:23	0.4	1:00	0.4	6:06	8:14	
30	Thu	7:52	2.0	8:17	2.6	2:14	0.4	1:53	0.4	6:06	8:14	
31	Fri	8:39	2.1	8:59	2.6	3:00	0.4	2:43	0.3	6:07	8:13	