

Cape Charles Harbor, VA - Aug 1970

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	9:21	2.2	9:36	2.6	3:40	0.3	3:28	0.3	6:08	8:12	
2	Sun	9:58	2.2	10:11	2.6	4:15	0.3	4:08	0.3	6:09	8:11	
3	Mon	10:34	2.3	10:44	2.5	4:46	0.3	4:45	0.3	6:10	8:10	
4	Tue	11:09	2.4	11:18	2.4	5:14	0.3	5:21	0.4	6:10	8:09	
5	Wed	11:45	2.4	11:52	2.4	5:43	0.3	5:59	0.4	6:11	8:08	
6	Thu			12:22	2.4	6:14	0.3	6:39	0.5	6:12	8:07	
7	Fri	12:29	2.2	1:01	2.5	6:47	0.4	7:25	0.6	6:13	8:06	
8	Sat	1:07	2.1	1:41	2.5	7:26	0.4	8:14	0.6	6:14	8:05	
9	Sun	1:49	2.1	2:25	2.5	8:10	0.4	9:07	0.7	6:15	8:03	
10	Mon	2:35	2.0	3:16	2.5	8:59	0.5	10:07	0.7	6:15	8:02	
11	Tue	3:30	1.9	4:16	2.6	9:56	0.5	11:12	0.6	6:16	8:01	
12	Wed	4:37	1.9	5:24	2.7	11:00	0.4			6:17	8:00	
13	Thu	5:48	2.0	6:29	2.8	12:15	0.5	12:06	0.3	6:18	7:59	
14	Fri	6:52	2.2	7:28	3.0	1:14	0.4	1:09	0.2	6:19	7:58	
15	Sat	7:52	2.4	8:25	3.1	2:10	0.2	2:10	0.0	6:20	7:56	
16	Sun	8:49	2.6	9:19	3.2	3:03	0.0	3:09	-0.1	6:21	7:55	
17	Mon	9:42	2.8	10:09	3.1	3:52	-0.1	4:05	-0.2	6:21	7:54	
18	Tue	10:33	3.0	10:58	3.1	4:37	-0.2	4:58	-0.2	6:22	7:53	
19	Wed	11:23	3.1	11:46	2.9	5:22	-0.2	5:52	-0.1	6:23	7:51	
20	Thu			12:14	3.1	6:08	-0.1	6:49	0.1	6:24	7:50	
21	Fri	12:35	2.7	1:07	3.0	6:56	0.0	7:50	0.3	6:25	7:49	
22	Sat	1:26	2.5	2:00	2.9	7:47	0.2	8:53	0.4	6:26	7:47	
23	Sun	2:17	2.3	2:55	2.8	8:41	0.3	9:58	0.6	6:26	7:46	
24	Mon	3:14	2.1	3:59	2.7	9:38	0.5	11:04	0.7	6:27	7:45	
25	Tue	4:23	2.0	5:13	2.6	10:41	0.6			6:28	7:43	
26	Wed	5:41	2.0	6:18	2.6	12:06	0.7	11:46 AM	0.6	6:29	7:42	
27	Thu	6:43	2.1	7:11	2.6	1:01	0.7	12:44	0.6	6:30	7:40	
28	Fri	7:33	2.2	7:55	2.6	1:49	0.6	1:37	0.6	6:31	7:39	
29	Sat	8:16	2.3	8:34	2.6	2:31	0.6	2:25	0.5	6:31	7:38	
30	Sun	8:55	2.4	9:10	2.6	3:08	0.5	3:08	0.5	6:32	7:36	
31	Mon	9:30	2.5	9:42	2.6	3:40	0.5	3:47	0.5	6:33	7:35	