

Cape Charles Harbor, VA - Jan 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	8:37	2.6	8:54	2.0	2:23	-0.5	3:12	-0.4	7:18	4:56	
2	Fri	9:19	2.6	9:37	2.0	3:10	-0.5	3:54	-0.4	7:18	4:57	
3	Sat	9:59	2.5	10:19	2.0	3:53	-0.4	4:33	-0.4	7:18	4:58	
4	Sun	10:38	2.3	11:00	2.0	4:35	-0.3	5:11	-0.3	7:18	4:59	
5	Mon	11:17	2.2	11:41	1.9	5:18	-0.2	5:50	-0.2	7:18	5:00	
6	Tue	11:56	2.0			6:03	0.0	6:30	-0.1	7:18	5:01	
7	Wed	12:23	1.9	12:37	1.9	6:51	0.1	7:10	0.0	7:18	5:01	
8	Thu	1:06	1.9	1:19	1.7	7:43	0.2	7:53	0.0	7:18	5:02	
9	Fri	1:52	1.8	2:05	1.6	8:37	0.3	8:39	0.0	7:18	5:03	
10	Sat	2:45	1.8	2:59	1.5	9:38	0.3	9:30	0.0	7:18	5:04	
11	Sun	3:45	1.8	4:02	1.5	10:39	0.3	10:25	0.0	7:18	5:05	
12	Mon	4:47	1.9	5:04	1.5	11:35	0.2	11:19	-0.1	7:17	5:06	
13	Tue	5:42	2.0	5:59	1.6			12:26	0.1	7:17	5:07	
14	Wed	6:32	2.2	6:50	1.7	12:11	-0.2	1:14	-0.1	7:17	5:08	
15	Thu	7:19	2.3	7:39	1.8	1:01	-0.3	1:59	-0.2	7:17	5:09	
16	Fri	8:05	2.4	8:26	2.0	1:51	-0.5	2:42	-0.4	7:16	5:10	
17	Sat	8:50	2.5	9:12	2.1	2:39	-0.6	3:24	-0.5	7:16	5:11	
18	Sun	9:33	2.6	9:58	2.2	3:26	-0.6	4:06	-0.6	7:16	5:12	
19	Mon	10:18	2.5	10:45	2.3	4:13	-0.7	4:49	-0.6	7:15	5:13	
20	Tue	11:04	2.4	11:35	2.3	5:03	-0.6	5:36	-0.6	7:15	5:14	
21	Wed	11:53	2.3			5:57	-0.5	6:26	-0.6	7:14	5:15	
22	Thu	12:28	2.3	12:44	2.1	6:57	-0.4	7:20	-0.5	7:14	5:16	
23	Fri	1:23	2.3	1:37	1.9	8:00	-0.2	8:17	-0.4	7:13	5:17	
24	Sat	2:23	2.2	2:37	1.8	9:08	-0.1	9:18	-0.4	7:13	5:19	
25	Sun	3:34	2.2	3:50	1.7	10:19	-0.1	10:23	-0.3	7:12	5:20	
26	Mon	4:49	2.2	5:06	1.7	11:26	-0.1	11:27	-0.3	7:11	5:21	
27	Tue	5:54	2.3	6:11	1.7			12:26	-0.2	7:11	5:22	
28	Wed	6:50	2.3	7:07	1.8	12:26	-0.4	1:21	-0.2	7:10	5:23	
29	Thu	7:40	2.4	7:56	1.9	1:21	-0.4	2:10	-0.3	7:09	5:24	
30	Fri	8:23	2.4	8:39	2.0	2:12	-0.4	2:53	-0.4	7:09	5:25	
31	Sat	9:02	2.4	9:18	2.0	2:57	-0.4	3:31	-0.4	7:08	5:26	