

Cape Charles Harbor, VA - Jun 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue			12:05	2.2	6:08	0.1	6:10	0.2	5:44	8:18	
2	Wed	12:17	2.6	12:50	2.2	6:52	0.1	7:01	0.2	5:44	8:19	
3	Thu	1:04	2.5	1:39	2.3	7:41	0.1	7:58	0.3	5:44	8:20	
4	Fri	1:53	2.4	2:30	2.4	8:33	0.1	8:58	0.3	5:44	8:20	
5	Sat	2:45	2.4	3:25	2.4	9:26	0.1	10:02	0.2	5:43	8:21	
6	Sun	3:43	2.3	4:27	2.6	10:23	0.1	11:08	0.2	5:43	8:21	
7	Mon	4:48	2.2	5:32	2.7	11:22	0.0			5:43	8:22	
8	Tue	5:54	2.2	6:33	2.8	12:13	0.1	12:19	-0.1	5:43	8:23	
9	Wed	6:56	2.3	7:31	3.0	1:14	-0.1	1:16	-0.2	5:43	8:23	
10	Thu	7:56	2.3	8:27	3.1	2:13	-0.1	2:12	-0.2	5:43	8:24	
11	Fri	8:53	2.4	9:21	3.1	3:09	-0.2	3:08	-0.3	5:42	8:24	
12	Sat	9:47	2.4	10:12	3.0	4:02	-0.3	4:01	-0.2	5:42	8:24	
13	Sun	10:38	2.4	11:01	2.9	4:50	-0.2	4:52	-0.2	5:42	8:25	
14	Mon	11:27	2.4	11:49	2.8	5:38	-0.2	5:43	-0.1	5:42	8:25	
15	Tue			12:17	2.4	6:25	-0.1	6:36	0.1	5:42	8:26	
16	Wed	12:36	2.6	1:06	2.3	7:13	0.0	7:32	0.2	5:43	8:26	
17	Thu	1:23	2.4	1:53	2.3	8:02	0.1	8:29	0.3	5:43	8:26	
18	Fri	2:08	2.2	2:40	2.3	8:48	0.2	9:26	0.4	5:43	8:27	
19	Sat	2:54	2.1	3:29	2.2	9:33	0.3	10:23	0.5	5:43	8:27	
20	Sun	3:43	1.9	4:23	2.2	10:19	0.4	11:21	0.5	5:43	8:27	
21	Mon	4:41	1.9	5:20	2.3	11:06	0.4			5:43	8:27	
22	Tue	5:40	1.8	6:11	2.4	12:14	0.5	11:53 AM	0.4	5:44	8:28	
23	Wed	6:33	1.9	6:58	2.4	1:02	0.4	12:39	0.3	5:44	8:28	
24	Thu	7:21	1.9	7:42	2.5	1:48	0.4	1:25	0.3	5:44	8:28	
25	Fri	8:07	2.0	8:26	2.6	2:31	0.3	2:11	0.2	5:45	8:28	
26	Sat	8:53	2.1	9:09	2.6	3:13	0.2	2:57	0.1	5:45	8:28	
27	Sun	9:36	2.2	9:51	2.7	3:51	0.1	3:41	0.1	5:45	8:28	
28	Mon	10:18	2.2	10:32	2.7	4:29	0.0	4:25	0.0	5:46	8:28	
29	Tue	11:01	2.3	11:14	2.7	5:07	0.0	5:08	0.0	5:46	8:28	
30	Wed	11:45	2.4	11:58	2.6	5:47	0.0	5:55	0.1	5:46	8:28	