

Cape Charles Harbor, VA - Jul 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu			12:32	2.4	6:31	0.0	6:47	0.1	5:47	8:28	
2	Fri	12:45	2.5	1:21	2.5	7:19	0.0	7:44	0.1	5:47	8:28	
3	Sat	1:35	2.5	2:13	2.5	8:10	0.0	8:44	0.2	5:48	8:28	
4	Sun	2:26	2.3	3:07	2.6	9:03	0.0	9:48	0.2	5:48	8:28	
5	Mon	3:22	2.2	4:08	2.6	9:59	0.0	10:54	0.2	5:49	8:27	
6	Tue	4:26	2.1	5:15	2.7	10:59	0.0			5:49	8:27	
7	Wed	5:36	2.1	6:19	2.8	12:00	0.1	12:00	0.0	5:50	8:27	
8	Thu	6:41	2.2	7:18	2.9	1:01	0.1	12:59	-0.1	5:51	8:27	
9	Fri	7:42	2.2	8:15	2.9	2:00	0.0	1:57	-0.1	5:51	8:26	
10	Sat	8:39	2.3	9:07	2.9	2:55	-0.1	2:54	-0.1	5:52	8:26	
11	Sun	9:32	2.4	9:56	2.9	3:45	-0.1	3:47	-0.1	5:53	8:26	
12	Mon	10:20	2.4	10:41	2.8	4:31	-0.1	4:36	-0.1	5:53	8:25	
13	Tue	11:05	2.4	11:23	2.7	5:13	-0.1	5:23	0.0	5:54	8:25	
14	Wed	11:49	2.4			5:55	0.0	6:10	0.1	5:55	8:24	
15	Thu	12:05	2.5	12:33	2.4	6:36	0.1	6:59	0.3	5:55	8:24	
16	Fri	12:47	2.4	1:16	2.4	7:17	0.2	7:50	0.4	5:56	8:23	
17	Sat	1:28	2.2	1:58	2.3	7:59	0.3	8:42	0.5	5:57	8:23	
18	Sun	2:10	2.1	2:42	2.3	8:40	0.3	9:35	0.6	5:57	8:22	
19	Mon	2:55	2.0	3:30	2.3	9:24	0.4	10:31	0.6	5:58	8:22	
20	Tue	3:46	1.9	4:24	2.3	10:12	0.4	11:27	0.6	5:59	8:21	
21	Wed	4:46	1.8	5:23	2.3	11:05	0.4			6:00	8:20	
22	Thu	5:47	1.9	6:18	2.4	12:20	0.6	11:58 AM	0.4	6:00	8:20	
23	Fri	6:43	1.9	7:08	2.5	1:08	0.5	12:49	0.3	6:01	8:19	
24	Sat	7:33	2.1	7:55	2.6	1:54	0.4	1:40	0.3	6:02	8:18	
25	Sun	8:21	2.2	8:41	2.7	2:38	0.3	2:30	0.2	6:03	8:17	
26	Mon	9:08	2.3	9:26	2.8	3:21	0.1	3:19	0.1	6:04	8:17	
27	Tue	9:53	2.5	10:10	2.8	4:01	0.0	4:06	0.0	6:04	8:16	
28	Wed	10:38	2.6	10:53	2.8	4:42	-0.1	4:52	0.0	6:05	8:15	
29	Thu	11:23	2.7	11:39	2.8	5:23	-0.1	5:40	0.0	6:06	8:14	
30	Fri			12:11	2.7	6:07	-0.1	6:32	0.0	6:07	8:13	
31	Sat	12:27	2.7	1:02	2.8	6:55	-0.1	7:30	0.1	6:08	8:12	