

Cape Charles Harbor, VA - Oct 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	3:50	2.4	4:32	2.8	10:22	0.6	11:16	0.6	6:59	6:47	
2	Sat	5:09	2.4	5:43	2.7	11:31	0.6			7:00	6:45	
3	Sun	6:16	2.5	6:41	2.7	12:13	0.6	12:33	0.6	7:01	6:44	
4	Mon	7:09	2.6	7:28	2.7	1:03	0.5	1:27	0.5	7:02	6:42	
5	Tue	7:54	2.8	8:10	2.7	1:47	0.5	2:17	0.5	7:03	6:41	
6	Wed	8:33	2.8	8:48	2.7	2:28	0.4	3:02	0.5	7:04	6:40	
7	Thu	9:09	2.9	9:24	2.6	3:05	0.4	3:42	0.4	7:05	6:38	
8	Fri	9:43	2.9	9:58	2.6	3:39	0.4	4:18	0.4	7:05	6:37	
9	Sat	10:16	3.0	10:33	2.5	4:11	0.4	4:52	0.5	7:06	6:35	
10	Sun	10:50	2.9	11:08	2.5	4:43	0.4	5:25	0.5	7:07	6:34	
11	Mon	11:26	2.9	11:46	2.4	5:15	0.5	6:00	0.6	7:08	6:32	
12	Tue			12:04	2.8	5:51	0.6	6:39	0.7	7:09	6:31	
13	Wed	12:27	2.3	12:46	2.7	6:31	0.7	7:24	0.8	7:10	6:30	
14	Thu	1:11	2.3	1:30	2.7	7:18	0.7	8:13	0.8	7:11	6:28	
15	Fri	1:59	2.2	2:18	2.6	8:12	0.8	9:07	0.8	7:12	6:27	
16	Sat	2:50	2.2	3:12	2.6	9:11	0.8	10:04	0.7	7:13	6:25	
17	Sun	3:50	2.3	4:13	2.6	10:14	0.7	11:02	0.6	7:14	6:24	
18	Mon	4:55	2.4	5:17	2.6	11:20	0.6	11:57	0.5	7:15	6:23	
19	Tue	5:57	2.6	6:17	2.7			12:22	0.4	7:16	6:21	
20	Wed	6:52	2.9	7:12	2.8	12:49	0.3	1:20	0.3	7:17	6:20	
21	Thu	7:45	3.1	8:05	2.9	1:40	0.1	2:16	0.1	7:18	6:19	
22	Fri	8:36	3.3	8:58	2.9	2:30	0.0	3:11	-0.1	7:18	6:18	
23	Sat	9:28	3.5	9:49	2.9	3:20	-0.2	4:03	-0.1	7:19	6:16	
24	Sun	10:18	3.5	10:40	2.8	4:08	-0.2	4:55	-0.1	7:20	6:15	
25	Mon	11:10	3.5	11:31	2.7	4:57	-0.2	5:47	0.0	7:21	6:14	
26	Tue			12:03	3.3	5:48	-0.1	6:43	0.1	7:22	6:13	
27	Wed	12:26	2.6	12:59	3.2	6:45	0.1	7:43	0.2	7:23	6:11	
28	Thu	1:24	2.5	1:56	3.0	7:47	0.3	8:45	0.4	7:24	6:10	
29	Fri	2:24	2.4	2:55	2.7	8:55	0.4	9:46	0.4	7:25	6:09	
30	Sat	3:30	2.4	4:01	2.6	10:04	0.5	10:46	0.5	7:26	6:08	
31	Sun	3:44	2.4	4:10	2.5	10:12	0.6	10:41	0.5	6:27	5:07	