

Cape Charles Harbor, VA - Jan 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	1:03	1.9	1:13	1.9	7:25	0.1	7:52	-0.1	7:18	4:57	
2	Mon	1:54	2.0	2:05	1.9	8:24	0.1	8:46	-0.2	7:18	4:58	
3	Tue	2:51	2.0	3:05	1.8	9:29	0.0	9:45	-0.2	7:18	4:58	
4	Wed	3:56	2.2	4:13	1.8	10:36	-0.1	10:45	-0.3	7:18	4:59	
5	Thu	5:02	2.3	5:20	1.9	11:41	-0.2	11:45	-0.5	7:18	5:00	
6	Fri	6:03	2.5	6:22	2.0			12:42	-0.4	7:18	5:01	
7	Sat	7:01	2.7	7:21	2.1	12:44	-0.6	1:40	-0.5	7:18	5:02	
8	Sun	7:57	2.8	8:18	2.2	1:41	-0.7	2:35	-0.7	7:18	5:03	
9	Mon	8:50	2.9	9:11	2.3	2:37	-0.8	3:25	-0.7	7:18	5:04	
10	Tue	9:40	2.8	10:02	2.3	3:30	-0.8	4:14	-0.7	7:18	5:05	
11	Wed	10:30	2.7	10:54	2.3	4:22	-0.8	5:02	-0.7	7:18	5:06	
12	Thu	11:19	2.5	11:46	2.2	5:15	-0.6	5:52	-0.6	7:17	5:07	
13	Fri			12:08	2.3	6:12	-0.4	6:43	-0.5	7:17	5:08	
14	Sat	12:38	2.1	12:56	2.1	7:11	-0.2	7:35	-0.3	7:17	5:09	
15	Sun	1:31	2.1	1:45	1.9	8:13	-0.1	8:26	-0.2	7:17	5:10	
16	Mon	2:27	2.0	2:39	1.7	9:16	0.1	9:20	-0.1	7:16	5:11	
17	Tue	3:32	1.9	3:43	1.5	10:21	0.1	10:14	-0.1	7:16	5:12	
18	Wed	4:40	1.9	4:51	1.5	11:20	0.1	11:07	-0.1	7:15	5:13	
19	Thu	5:36	2.0	5:47	1.5			12:14	0.1	7:15	5:14	
20	Fri	6:23	2.0	6:36	1.6			1:02	0.0	7:15	5:15	
21	Sat	7:06	2.1	7:20	1.7	12:44	-0.1	1:46	0.0	7:14	5:16	
22	Sun	7:45	2.2	8:00	1.7	1:28	-0.2	2:24	-0.1	7:14	5:17	
23	Mon	8:22	2.2	8:39	1.8	2:10	-0.3	2:59	-0.2	7:13	5:18	
24	Tue	8:56	2.2	9:15	1.9	2:49	-0.3	3:30	-0.3	7:12	5:19	
25	Wed	9:31	2.2	9:51	1.9	3:25	-0.3	4:01	-0.3	7:12	5:20	
26	Thu	10:05	2.2	10:29	2.0	4:01	-0.3	4:33	-0.3	7:11	5:21	
27	Fri	10:42	2.2	11:08	2.0	4:39	-0.3	5:08	-0.3	7:10	5:22	
28	Sat	11:21	2.1	11:50	2.0	5:21	-0.2	5:47	-0.3	7:10	5:23	
29	Sun			12:03	2.0	6:08	-0.2	6:32	-0.3	7:09	5:25	
30	Mon	12:36	2.0	12:48	1.9	7:01	-0.1	7:21	-0.3	7:08	5:26	
31	Tue	1:26	2.1	1:39	1.8	7:59	-0.1	8:16	-0.3	7:07	5:27	