

Cape Charles Harbor, VA - Mar 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	1:05	2.3	1:22	2.0	7:42	0.0	7:55	-0.1	6:35	5:57	
2	Thu	2:02	2.3	2:21	1.9	8:47	0.0	8:59	-0.1	6:33	5:58	
3	Fri	3:09	2.3	3:32	1.9	9:57	0.1	10:08	-0.1	6:32	5:59	
4	Sat	4:24	2.3	4:48	1.9	11:06	0.0	11:17	-0.2	6:31	6:00	
5	Sun	5:35	2.4	5:56	2.1			12:08	-0.1	6:29	6:01	
6	Mon	6:35	2.6	6:56	2.3	12:21	-0.3	1:05	-0.2	6:28	6:02	
7	Tue	7:30	2.6	7:50	2.4	1:20	-0.4	1:57	-0.4	6:26	6:03	
8	Wed	8:20	2.7	8:39	2.6	2:15	-0.5	2:45	-0.4	6:25	6:04	
9	Thu	9:05	2.7	9:24	2.6	3:06	-0.5	3:28	-0.5	6:23	6:05	
10	Fri	9:48	2.6	10:06	2.6	3:52	-0.5	4:08	-0.4	6:22	6:06	
11	Sat	10:28	2.5	10:48	2.6	4:36	-0.4	4:48	-0.3	6:21	6:07	
12	Sun	11:09	2.3	11:30	2.4	5:21	-0.2	5:29	-0.2	6:19	6:08	
13	Mon	11:51	2.1			6:08	0.0	6:11	0.0	6:18	6:09	
14	Tue	12:13	2.3	12:33	2.0	6:57	0.2	6:57	0.1	6:16	6:10	
15	Wed	12:57	2.2	1:18	1.9	7:49	0.3	7:46	0.3	6:15	6:11	
16	Thu	1:45	2.1	2:07	1.8	8:45	0.4	8:40	0.4	6:13	6:11	
17	Fri	2:40	2.0	3:07	1.7	9:45	0.5	9:41	0.4	6:12	6:12	
18	Sat	3:48	2.0	4:17	1.7	10:45	0.5	10:43	0.4	6:10	6:13	
19	Sun	4:56	2.0	5:19	1.8	11:36	0.4	11:39	0.3	6:09	6:14	
20	Mon	5:50	2.1	6:10	2.0			12:21	0.3	6:07	6:15	
21	Tue	6:36	2.2	6:54	2.2	12:29	0.2	1:03	0.2	6:06	6:16	
22	Wed	7:19	2.3	7:37	2.3	1:15	0.0	1:43	0.1	6:04	6:17	
23	Thu	7:59	2.4	8:18	2.5	2:00	-0.1	2:21	0.0	6:03	6:18	
24	Fri	8:38	2.4	8:58	2.6	2:42	-0.2	2:58	-0.1	6:01	6:19	
25	Sat	9:18	2.5	9:38	2.7	3:22	-0.2	3:36	-0.2	6:00	6:20	
26	Sun	9:58	2.5	10:21	2.7	4:04	-0.2	4:15	-0.2	5:58	6:20	
27	Mon	10:41	2.4	11:06	2.7	4:48	-0.2	4:58	-0.2	5:57	6:21	
28	Tue	11:28	2.4	11:56	2.7	5:37	-0.1	5:47	-0.1	5:55	6:22	
29	Wed			12:18	2.3	6:31	0.0	6:42	0.0	5:54	6:23	
30	Thu	12:50	2.6	1:12	2.2	7:31	0.1	7:42	0.0	5:52	6:24	
31	Fri	1:48	2.5	2:12	2.1	8:35	0.2	8:49	0.1	5:51	6:25	