

Cape Charles Harbor, VA - May 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	4:53	2.4	5:29	2.4	11:27	0.2			6:09	7:53	
2	Tue	6:02	2.4	6:32	2.5	12:01	0.2	12:24	0.1	6:08	7:54	
3	Wed	7:00	2.4	7:25	2.6	1:01	0.1	1:15	0.1	6:06	7:54	
4	Thu	7:51	2.4	8:13	2.7	1:57	0.1	2:04	0.1	6:05	7:55	
5	Fri	8:38	2.4	8:57	2.8	2:48	0.0	2:49	0.0	6:04	7:56	
6	Sat	9:21	2.4	9:37	2.8	3:35	0.0	3:31	0.0	6:03	7:57	
7	Sun	10:00	2.4	10:14	2.8	4:16	0.0	4:10	0.1	6:02	7:58	
8	Mon	10:38	2.3	10:50	2.7	4:55	0.0	4:46	0.1	6:01	7:59	
9	Tue	11:16	2.3	11:27	2.6	5:32	0.1	5:23	0.2	6:00	8:00	
10	Wed	11:55	2.2			6:09	0.2	6:01	0.3	5:59	8:01	
11	Thu	12:07	2.5	12:36	2.1	6:48	0.3	6:43	0.4	5:58	8:01	
12	Fri	12:48	2.4	1:20	2.1	7:31	0.4	7:30	0.5	5:57	8:02	
13	Sat	1:32	2.3	2:04	2.1	8:15	0.5	8:22	0.6	5:57	8:03	
14	Sun	2:17	2.2	2:52	2.1	9:02	0.5	9:17	0.6	5:56	8:04	
15	Mon	3:06	2.1	3:44	2.1	9:51	0.5	10:16	0.6	5:55	8:05	
16	Tue	4:02	2.1	4:43	2.2	10:43	0.5	11:16	0.5	5:54	8:06	
17	Wed	5:02	2.1	5:40	2.3	11:34	0.4			5:53	8:07	
18	Thu	6:01	2.2	6:33	2.5	12:13	0.4	12:24	0.3	5:52	8:07	
19	Fri	6:54	2.2	7:23	2.7	1:06	0.2	1:14	0.1	5:52	8:08	
20	Sat	7:46	2.3	8:13	2.9	1:59	0.0	2:03	0.0	5:51	8:09	
21	Sun	8:37	2.4	9:03	3.0	2:51	-0.1	2:53	-0.1	5:50	8:10	
22	Mon	9:28	2.5	9:53	3.1	3:41	-0.2	3:43	-0.2	5:50	8:11	
23	Tue	10:19	2.5	10:43	3.1	4:30	-0.3	4:33	-0.3	5:49	8:11	
24	Wed	11:10	2.5	11:35	3.1	5:20	-0.3	5:24	-0.2	5:48	8:12	
25	Thu			12:03	2.5	6:12	-0.2	6:19	-0.2	5:48	8:13	
26	Fri	12:29	3.0	12:59	2.5	7:08	-0.2	7:20	-0.1	5:47	8:14	
27	Sat	1:25	2.8	1:56	2.5	8:07	-0.1	8:26	0.1	5:47	8:15	
28	Sun	2:22	2.7	2:56	2.4	9:05	0.0	9:33	0.1	5:46	8:15	
29	Mon	3:22	2.5	4:01	2.4	10:04	0.1	10:41	0.2	5:46	8:16	
30	Tue	4:29	2.3	5:10	2.5	11:01	0.1	11:46	0.2	5:45	8:17	
31	Wed	5:36	2.2	6:12	2.5	11:56	0.1			5:45	8:17	