

Cape Charles Harbor, VA - Jun 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	6:35	2.2	7:04	2.6	12:45	0.2	12:46	0.1	5:45	8:18	
2	Fri	7:26	2.2	7:50	2.7	1:39	0.2	1:33	0.1	5:44	8:19	
3	Sat	8:13	2.2	8:33	2.7	2:30	0.1	2:19	0.1	5:44	8:19	
4	Sun	8:56	2.2	9:12	2.7	3:16	0.1	3:02	0.1	5:44	8:20	
5	Mon	9:37	2.2	9:49	2.7	3:57	0.1	3:43	0.1	5:43	8:21	
6	Tue	10:15	2.2	10:25	2.6	4:34	0.1	4:20	0.2	5:43	8:21	
7	Wed	10:52	2.2	11:02	2.6	5:08	0.1	4:57	0.2	5:43	8:22	
8	Thu	11:31	2.1	11:40	2.5	5:42	0.2	5:34	0.3	5:43	8:22	
9	Fri			12:11	2.1	6:18	0.2	6:15	0.4	5:43	8:23	
10	Sat	12:20	2.4	12:53	2.1	6:56	0.3	7:00	0.4	5:43	8:23	
11	Sun	1:01	2.3	1:36	2.1	7:37	0.3	7:49	0.5	5:42	8:24	
12	Mon	1:44	2.2	2:20	2.1	8:21	0.3	8:42	0.5	5:42	8:24	
13	Tue	2:29	2.1	3:07	2.2	9:06	0.3	9:37	0.5	5:42	8:25	
14	Wed	3:18	2.1	4:00	2.3	9:56	0.3	10:36	0.4	5:42	8:25	
15	Thu	4:15	2.1	4:58	2.4	10:48	0.2	11:37	0.3	5:42	8:25	
16	Fri	5:16	2.1	5:56	2.6	11:43	0.1			5:43	8:26	
17	Sat	6:16	2.1	6:51	2.7	12:34	0.2	12:37	0.0	5:43	8:26	
18	Sun	7:14	2.2	7:45	2.9	1:31	0.0	1:32	-0.1	5:43	8:26	
19	Mon	8:10	2.3	8:40	3.0	2:27	-0.1	2:27	-0.2	5:43	8:27	
20	Tue	9:06	2.4	9:34	3.1	3:21	-0.3	3:23	-0.3	5:43	8:27	
21	Wed	10:01	2.5	10:27	3.1	4:13	-0.4	4:17	-0.4	5:43	8:27	
22	Thu	10:54	2.6	11:20	3.1	5:04	-0.4	5:10	-0.3	5:44	8:27	
23	Fri	11:48	2.6			5:56	-0.4	6:07	-0.3	5:44	8:28	
24	Sat	12:14	3.0	12:44	2.6	6:49	-0.3	7:08	-0.1	5:44	8:28	
25	Sun	1:09	2.8	1:41	2.6	7:45	-0.2	8:12	0.0	5:44	8:28	
26	Mon	2:03	2.6	2:38	2.5	8:41	-0.1	9:17	0.1	5:45	8:28	
27	Tue	2:58	2.4	3:37	2.5	9:35	0.0	10:22	0.2	5:45	8:28	
28	Wed	3:58	2.2	4:42	2.5	10:30	0.1	11:26	0.3	5:45	8:28	
29	Thu	5:03	2.1	5:45	2.5	11:24	0.1			5:46	8:28	
30	Fri	6:05	2.0	6:39	2.5	12:24	0.3	12:16	0.2	5:46	8:28	