

Cape Charles Harbor, VA - Jan 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	10:45	2.8	11:11	2.3	4:35	-0.7	5:20	-0.6	7:18	4:57	
2	Tue	11:37	2.6			5:30	-0.6	6:14	-0.6	7:18	4:57	
3	Wed	12:06	2.2	12:31	2.4	6:31	-0.4	7:09	-0.5	7:18	4:58	
4	Thu	1:03	2.2	1:24	2.2	7:36	-0.3	8:05	-0.4	7:18	4:59	
5	Fri	2:02	2.1	2:21	2.0	8:43	-0.1	9:02	-0.3	7:18	5:00	
6	Sat	3:09	2.1	3:27	1.8	9:52	0.0	10:00	-0.3	7:18	5:01	
7	Sun	4:22	2.1	4:37	1.7	10:58	0.0	10:57	-0.2	7:18	5:02	
8	Mon	5:25	2.2	5:39	1.7	11:58	0.0	11:50	-0.2	7:18	5:03	
9	Tue	6:18	2.2	6:31	1.7			12:52	-0.1	7:18	5:03	
10	Wed	7:04	2.2	7:18	1.7	12:39	-0.2	1:41	-0.1	7:18	5:04	
11	Thu	7:46	2.3	8:01	1.8	1:26	-0.3	2:24	-0.2	7:18	5:05	
12	Fri	8:23	2.3	8:39	1.8	2:09	-0.3	3:02	-0.2	7:17	5:06	
13	Sat	8:57	2.3	9:15	1.8	2:48	-0.3	3:36	-0.2	7:17	5:07	
14	Sun	9:31	2.3	9:51	1.9	3:25	-0.3	4:08	-0.2	7:17	5:08	
15	Mon	10:05	2.2	10:27	1.9	4:00	-0.2	4:38	-0.2	7:17	5:09	
16	Tue	10:40	2.1	11:05	1.8	4:35	-0.2	5:10	-0.2	7:16	5:10	
17	Wed	11:16	2.0	11:45	1.8	5:13	-0.1	5:45	-0.1	7:16	5:11	
18	Thu	11:54	1.9			5:55	0.0	6:24	-0.1	7:16	5:12	
19	Fri	12:26	1.8	12:35	1.8	6:42	0.0	7:06	-0.1	7:15	5:13	
20	Sat	1:10	1.9	1:19	1.8	7:34	0.1	7:53	-0.1	7:15	5:15	
21	Sun	1:59	1.9	2:09	1.7	8:31	0.1	8:46	-0.1	7:14	5:16	
22	Mon	2:55	1.9	3:09	1.6	9:35	0.1	9:45	-0.2	7:14	5:17	
23	Tue	4:00	2.0	4:16	1.6	10:41	0.0	10:46	-0.3	7:13	5:18	
24	Wed	5:05	2.2	5:22	1.7	11:44	-0.1	11:46	-0.4	7:13	5:19	
25	Thu	6:05	2.4	6:24	1.9			12:43	-0.3	7:12	5:20	
26	Fri	7:02	2.6	7:22	2.0	12:45	-0.6	1:40	-0.5	7:11	5:21	
27	Sat	7:57	2.7	8:17	2.2	1:43	-0.7	2:33	-0.7	7:11	5:22	
28	Sun	8:49	2.8	9:10	2.3	2:38	-0.8	3:22	-0.8	7:10	5:23	
29	Mon	9:39	2.8	10:01	2.4	3:31	-0.9	4:10	-0.8	7:09	5:24	
30	Tue	10:28	2.7	10:52	2.4	4:23	-0.8	4:58	-0.8	7:08	5:25	
31	Wed	11:18	2.6	11:45	2.4	5:16	-0.7	5:48	-0.7	7:08	5:26	