

Cape Charles Harbor, VA - Mar 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	10:56	2.6	11:20	2.6	5:00	-0.6	5:19	-0.5	6:35	5:57	
2	Fri	11:44	2.4			5:54	-0.4	6:08	-0.4	6:34	5:58	
3	Sat	12:11	2.5	12:32	2.2	6:51	-0.2	7:00	-0.2	6:32	5:59	
4	Sun	1:02	2.4	1:21	2.0	7:50	0.0	7:53	0.0	6:31	6:00	
5	Mon	1:55	2.2	2:15	1.8	8:52	0.2	8:51	0.1	6:29	6:01	
6	Tue	2:57	2.1	3:20	1.7	9:57	0.3	9:53	0.2	6:28	6:02	
7	Wed	4:13	2.0	4:36	1.7	10:59	0.3	10:55	0.2	6:27	6:03	
8	Thu	5:20	2.0	5:38	1.8	11:53	0.3	11:50	0.2	6:25	6:04	
9	Fri	6:11	2.1	6:26	1.9			12:41	0.3	6:24	6:05	
10	Sat	6:55	2.1	7:09	2.0	12:40	0.1	1:24	0.2	6:22	6:06	
11	Sun	7:34	2.2	7:48	2.1	1:25	0.0	2:01	0.1	6:21	6:07	
12	Mon	8:09	2.3	8:24	2.2	2:07	0.0	2:35	0.0	6:19	6:08	
13	Tue	8:43	2.3	8:59	2.3	2:44	-0.1	3:06	0.0	6:18	6:08	
14	Wed	9:16	2.3	9:34	2.4	3:19	-0.1	3:36	-0.1	6:16	6:09	
15	Thu	9:50	2.3	10:09	2.4	3:54	-0.1	4:07	-0.1	6:15	6:10	
16	Fri	10:25	2.3	10:47	2.4	4:29	-0.1	4:41	-0.1	6:13	6:11	
17	Sat	11:03	2.2	11:27	2.4	5:08	0.0	5:19	0.0	6:12	6:12	
18	Sun	11:44	2.1			5:53	0.0	6:03	0.0	6:11	6:13	
19	Mon	12:12	2.4	12:30	2.1	6:43	0.1	6:53	0.1	6:09	6:14	
20	Tue	1:01	2.4	1:21	2.0	7:40	0.2	7:50	0.1	6:08	6:15	
21	Wed	1:57	2.4	2:19	2.0	8:42	0.2	8:54	0.1	6:06	6:16	
22	Thu	3:02	2.4	3:28	2.0	9:50	0.2	10:04	0.0	6:05	6:17	
23	Fri	4:15	2.4	4:42	2.1	10:57	0.1	11:13	-0.1	6:03	6:18	
24	Sat	5:25	2.5	5:48	2.3	11:58	0.0			6:02	6:18	
25	Sun	6:26	2.7	6:48	2.5	12:16	-0.2	12:54	-0.2	6:00	6:19	
26	Mon	7:22	2.8	7:43	2.7	1:16	-0.4	1:47	-0.3	5:59	6:20	
27	Tue	8:14	2.8	8:34	2.8	2:13	-0.5	2:36	-0.4	5:57	6:21	
28	Wed	9:02	2.8	9:22	2.9	3:05	-0.5	3:22	-0.4	5:56	6:22	
29	Thu	9:48	2.7	10:08	2.9	3:54	-0.5	4:06	-0.4	5:54	6:23	
30	Fri	10:33	2.6	10:54	2.8	4:42	-0.4	4:50	-0.3	5:53	6:24	
31	Sat	11:19	2.4	11:41	2.7	5:32	-0.2	5:36	-0.1	5:51	6:25	