

Cape Charles Harbor, VA - Jul 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	1:59	2.1	2:35	2.2	8:35	0.4	9:05	0.5	5:47	8:28	
2	Mon	2:44	2.0	3:23	2.2	9:19	0.4	9:59	0.5	5:47	8:28	
3	Tue	3:33	2.0	4:15	2.3	10:06	0.3	10:57	0.5	5:48	8:28	
4	Wed	4:29	1.9	5:12	2.4	10:58	0.3	11:53	0.4	5:48	8:28	
5	Thu	5:29	2.0	6:07	2.5	11:51	0.2			5:49	8:28	
6	Fri	6:27	2.0	7:00	2.7	12:48	0.3	12:44	0.1	5:49	8:27	
7	Sat	7:22	2.1	7:52	2.8	1:41	0.1	1:37	0.0	5:50	8:27	
8	Sun	8:16	2.2	8:44	2.9	2:33	0.0	2:31	-0.1	5:50	8:27	
9	Mon	9:10	2.4	9:36	3.0	3:25	-0.2	3:25	-0.2	5:51	8:27	
10	Tue	10:02	2.5	10:27	3.1	4:14	-0.3	4:18	-0.3	5:51	8:26	
11	Wed	10:54	2.6	11:18	3.0	5:02	-0.3	5:10	-0.3	5:52	8:26	
12	Thu	11:46	2.6			5:51	-0.3	6:05	-0.2	5:53	8:25	
13	Fri	12:11	2.9	12:41	2.7	6:43	-0.3	7:05	-0.1	5:53	8:25	
14	Sat	1:04	2.8	1:36	2.7	7:37	-0.2	8:09	0.0	5:54	8:25	
15	Sun	1:58	2.6	2:32	2.7	8:32	-0.1	9:14	0.1	5:55	8:24	
16	Mon	2:53	2.4	3:32	2.6	9:28	0.0	10:20	0.2	5:55	8:24	
17	Tue	3:53	2.2	4:38	2.6	10:25	0.0	11:25	0.2	5:56	8:23	
18	Wed	5:01	2.1	5:45	2.6	11:22	0.1			5:57	8:23	
19	Thu	6:08	2.1	6:42	2.6	12:26	0.2	12:18	0.1	5:58	8:22	
20	Fri	7:05	2.1	7:33	2.7	1:22	0.2	1:10	0.2	5:58	8:21	
21	Sat	7:56	2.1	8:19	2.7	2:13	0.2	2:01	0.2	5:59	8:21	
22	Sun	8:43	2.2	9:01	2.7	3:01	0.2	2:49	0.2	6:00	8:20	
23	Mon	9:25	2.2	9:40	2.6	3:43	0.2	3:33	0.2	6:01	8:19	
24	Tue	10:04	2.3	10:16	2.6	4:20	0.1	4:13	0.2	6:01	8:19	
25	Wed	10:41	2.3	10:51	2.6	4:54	0.2	4:51	0.2	6:02	8:18	
26	Thu	11:18	2.3	11:27	2.5	5:26	0.2	5:28	0.3	6:03	8:17	
27	Fri	11:56	2.3			5:58	0.2	6:07	0.4	6:04	8:16	
28	Sat	12:04	2.4	12:35	2.3	6:32	0.3	6:49	0.4	6:05	8:15	
29	Sun	12:43	2.3	1:16	2.3	7:09	0.3	7:36	0.5	6:05	8:15	
30	Mon	1:24	2.2	1:58	2.4	7:50	0.4	8:25	0.6	6:06	8:14	
31	Tue	2:06	2.1	2:42	2.4	8:34	0.4	9:18	0.6	6:07	8:13	