

Cape Charles Harbor, VA - Aug 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	2:53	2.1	3:32	2.4	9:23	0.4	10:15	0.6	6:08	8:12	
2	Thu	3:47	2.0	4:30	2.5	10:17	0.4	11:16	0.5	6:09	8:11	
3	Fri	4:50	2.0	5:32	2.6	11:15	0.3			6:09	8:10	
4	Sat	5:54	2.1	6:31	2.8	12:16	0.4	12:15	0.2	6:10	8:09	
5	Sun	6:55	2.3	7:28	2.9	1:12	0.2	1:13	0.1	6:11	8:08	
6	Mon	7:52	2.4	8:23	3.1	2:08	0.1	2:11	-0.1	6:12	8:07	
7	Tue	8:48	2.6	9:17	3.2	3:01	-0.1	3:08	-0.2	6:13	8:06	
8	Wed	9:42	2.8	10:09	3.2	3:52	-0.2	4:03	-0.3	6:14	8:05	
9	Thu	10:35	2.9	11:00	3.1	4:40	-0.3	4:57	-0.3	6:15	8:04	
10	Fri	11:27	2.9	11:51	3.0	5:28	-0.3	5:51	-0.2	6:15	8:03	
11	Sat			12:20	3.0	6:18	-0.2	6:49	-0.1	6:16	8:01	
12	Sun	12:43	2.8	1:14	2.9	7:10	-0.1	7:52	0.1	6:17	8:00	
13	Mon	1:36	2.6	2:10	2.9	8:05	0.0	8:55	0.2	6:18	7:59	
14	Tue	2:30	2.4	3:07	2.8	9:00	0.1	10:00	0.4	6:19	7:58	
15	Wed	3:28	2.3	4:11	2.7	9:58	0.3	11:05	0.4	6:20	7:57	
16	Thu	4:37	2.2	5:21	2.6	10:58	0.4			6:20	7:55	
17	Fri	5:48	2.1	6:23	2.6	12:07	0.5	11:57 AM	0.4	6:21	7:54	
18	Sat	6:47	2.2	7:14	2.6	1:01	0.5	12:52	0.4	6:22	7:53	
19	Sun	7:37	2.2	7:59	2.7	1:50	0.5	1:43	0.4	6:23	7:52	
20	Mon	8:21	2.3	8:39	2.7	2:35	0.4	2:30	0.4	6:24	7:50	
21	Tue	9:02	2.4	9:16	2.7	3:15	0.4	3:13	0.4	6:25	7:49	
22	Wed	9:38	2.5	9:50	2.7	3:51	0.3	3:53	0.4	6:25	7:48	
23	Thu	10:13	2.6	10:24	2.6	4:22	0.3	4:29	0.4	6:26	7:46	
24	Fri	10:48	2.6	10:58	2.6	4:52	0.3	5:04	0.4	6:27	7:45	
25	Sat	11:24	2.6	11:34	2.5	5:21	0.3	5:40	0.5	6:28	7:43	
26	Sun			12:01	2.6	5:53	0.4	6:19	0.5	6:29	7:42	
27	Mon	12:11	2.4	12:41	2.6	6:29	0.4	7:02	0.6	6:30	7:41	
28	Tue	12:51	2.4	1:22	2.6	7:09	0.5	7:51	0.6	6:30	7:39	
29	Wed	1:35	2.3	2:07	2.6	7:56	0.5	8:44	0.7	6:31	7:38	
30	Thu	2:22	2.2	2:58	2.6	8:47	0.5	9:42	0.7	6:32	7:36	
31	Fri	3:16	2.2	3:56	2.7	9:45	0.5	10:45	0.6	6:33	7:35	