

Cape Charles Harbor, VA - Jan 1980

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	8:08	2.5	8:27	1.9	1:50	-0.4	2:48	-0.3	7:18	4:56	
2	Wed	8:50	2.5	9:09	1.9	2:37	-0.4	3:30	-0.3	7:18	4:57	
3	Thu	9:29	2.5	9:49	1.9	3:19	-0.4	4:09	-0.3	7:18	4:58	
4	Fri	10:06	2.4	10:29	1.9	3:59	-0.3	4:46	-0.3	7:18	4:59	
5	Sat	10:43	2.3	11:09	1.9	4:38	-0.2	5:23	-0.2	7:18	5:00	
6	Sun	11:21	2.1	11:50	1.8	5:18	-0.1	6:01	-0.1	7:18	5:01	
7	Mon			12:01	2.0	6:02	0.0	6:41	0.0	7:18	5:01	
8	Tue	12:33	1.8	12:42	1.9	6:50	0.1	7:21	0.0	7:18	5:02	
9	Wed	1:17	1.8	1:24	1.7	7:42	0.2	8:04	0.0	7:18	5:03	
10	Thu	2:04	1.8	2:11	1.6	8:37	0.3	8:51	0.1	7:18	5:04	
11	Fri	2:58	1.8	3:06	1.5	9:37	0.3	9:43	0.0	7:18	5:05	
12	Sat	3:59	1.9	4:09	1.5	10:39	0.2	10:37	0.0	7:17	5:06	
13	Sun	4:58	2.0	5:10	1.6	11:36	0.1	11:30	-0.2	7:17	5:07	
14	Mon	5:52	2.2	6:05	1.7			12:29	-0.1	7:17	5:08	
15	Tue	6:42	2.3	6:58	1.8	12:22	-0.3	1:20	-0.2	7:17	5:09	
16	Wed	7:32	2.5	7:49	1.9	1:14	-0.4	2:09	-0.4	7:16	5:10	
17	Thu	8:20	2.6	8:39	2.0	2:06	-0.6	2:56	-0.5	7:16	5:11	
18	Fri	9:08	2.7	9:27	2.1	2:55	-0.7	3:41	-0.6	7:16	5:12	
19	Sat	9:55	2.7	10:16	2.2	3:44	-0.7	4:26	-0.7	7:15	5:13	
20	Sun	10:43	2.6	11:07	2.2	4:34	-0.7	5:14	-0.7	7:15	5:14	
21	Mon	11:32	2.5			5:28	-0.6	6:05	-0.6	7:14	5:15	
22	Tue	12:00	2.2	12:24	2.3	6:26	-0.5	6:58	-0.5	7:14	5:16	
23	Wed	12:55	2.2	1:16	2.1	7:30	-0.3	7:53	-0.5	7:13	5:17	
24	Thu	1:53	2.2	2:13	1.9	8:36	-0.2	8:51	-0.4	7:13	5:19	
25	Fri	2:58	2.1	3:18	1.8	9:46	-0.1	9:52	-0.3	7:12	5:20	
26	Sat	4:13	2.1	4:32	1.7	10:55	-0.1	10:53	-0.3	7:11	5:21	
27	Sun	5:22	2.2	5:40	1.7	11:58	-0.1	11:51	-0.3	7:11	5:22	
28	Mon	6:20	2.2	6:37	1.7			12:55	-0.1	7:10	5:23	
29	Tue	7:11	2.3	7:27	1.8	12:45	-0.3	1:46	-0.2	7:09	5:24	
30	Wed	7:56	2.3	8:12	1.8	1:36	-0.3	2:31	-0.3	7:09	5:25	
31	Thu	8:35	2.3	8:52	1.9	2:22	-0.4	3:11	-0.3	7:08	5:26	