

Cape Charles Harbor, VA - Jul 1980

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue			12:02	2.4	6:07	-0.1	6:16	0.0	5:47	8:28	
2	Wed	12:23	2.7	12:53	2.4	6:57	-0.1	7:13	0.1	5:47	8:28	
3	Thu	1:14	2.6	1:45	2.5	7:49	-0.1	8:14	0.1	5:48	8:28	
4	Fri	2:06	2.5	2:40	2.5	8:43	-0.1	9:18	0.1	5:48	8:28	
5	Sat	3:01	2.4	3:39	2.6	9:38	0.0	10:25	0.2	5:49	8:27	
6	Sun	4:02	2.3	4:44	2.6	10:35	0.0	11:32	0.1	5:50	8:27	
7	Mon	5:10	2.2	5:50	2.7	11:34	0.0			5:50	8:27	
8	Tue	6:15	2.2	6:50	2.8	12:34	0.1	12:31	0.0	5:51	8:27	
9	Wed	7:15	2.2	7:45	2.8	1:33	0.0	1:26	-0.1	5:51	8:26	
10	Thu	8:11	2.2	8:37	2.9	2:29	0.0	2:20	-0.1	5:52	8:26	
11	Fri	9:04	2.3	9:26	2.8	3:21	0.0	3:13	-0.1	5:53	8:26	
12	Sat	9:52	2.3	10:10	2.8	4:08	-0.1	4:01	0.0	5:53	8:25	
13	Sun	10:36	2.3	10:51	2.7	4:50	0.0	4:46	0.0	5:54	8:25	
14	Mon	11:19	2.3	11:31	2.6	5:30	0.0	5:30	0.1	5:55	8:24	
15	Tue			12:01	2.3	6:10	0.1	6:14	0.2	5:55	8:24	
16	Wed	12:12	2.5	12:43	2.3	6:50	0.2	7:00	0.4	5:56	8:23	
17	Thu	12:52	2.3	1:25	2.3	7:30	0.3	7:50	0.5	5:57	8:23	
18	Fri	1:33	2.2	2:08	2.3	8:10	0.4	8:41	0.5	5:57	8:22	
19	Sat	2:16	2.1	2:52	2.3	8:51	0.4	9:33	0.6	5:58	8:22	
20	Sun	3:01	2.0	3:41	2.3	9:35	0.4	10:28	0.6	5:59	8:21	
21	Mon	3:52	1.9	4:36	2.3	10:23	0.5	11:25	0.6	6:00	8:20	
22	Tue	4:51	1.9	5:33	2.4	11:14	0.4			6:00	8:20	
23	Wed	5:51	1.9	6:26	2.5	12:18	0.5	12:07	0.4	6:01	8:19	
24	Thu	6:46	2.0	7:16	2.6	1:08	0.4	12:58	0.3	6:02	8:18	
25	Fri	7:38	2.1	8:05	2.7	1:57	0.3	1:50	0.2	6:03	8:17	
26	Sat	8:28	2.2	8:54	2.9	2:45	0.1	2:42	0.1	6:04	8:17	
27	Sun	9:18	2.4	9:42	2.9	3:31	0.0	3:32	0.0	6:04	8:16	
28	Mon	10:06	2.5	10:29	3.0	4:16	-0.1	4:21	-0.1	6:05	8:15	
29	Tue	10:54	2.6	11:16	2.9	5:00	-0.2	5:11	-0.1	6:06	8:14	
30	Wed	11:43	2.7			5:45	-0.2	6:03	-0.1	6:07	8:13	
31	Thu	12:06	2.9	12:35	2.7	6:34	-0.2	7:00	0.0	6:08	8:12	