

Cape Charles Harbor, VA - Nov 1989

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	10:12	2.8	10:28	2.1	3:55	0.4	4:47	0.5	6:28	5:06	
2	Thu	10:51	2.7	11:10	2.1	4:31	0.5	5:27	0.6	6:29	5:05	
3	Fri	11:34	2.6	11:56	2.1	5:13	0.6	6:13	0.6	6:30	5:04	
4	Sat			12:21	2.6	6:02	0.6	7:05	0.6	6:31	5:03	
5	Sun	12:46	2.1	1:12	2.5	7:00	0.7	8:00	0.6	6:32	5:02	
6	Mon	1:41	2.1	2:07	2.5	8:04	0.7	8:56	0.5	6:34	5:01	
7	Tue	2:42	2.2	3:09	2.5	9:12	0.6	9:53	0.4	6:35	5:00	
8	Wed	3:49	2.4	4:14	2.5	10:21	0.5	10:48	0.2	6:36	4:59	
9	Thu	4:52	2.6	5:15	2.5	11:25	0.3	11:40	0.1	6:37	4:58	
10	Fri	5:48	2.9	6:11	2.5			12:25	0.1	6:38	4:57	
11	Sat	6:41	3.1	7:05	2.6	12:30	-0.1	1:23	0.0	6:39	4:57	
12	Sun	7:34	3.3	7:58	2.5	1:21	-0.2	2:19	-0.1	6:40	4:56	
13	Mon	8:26	3.3	8:50	2.5	2:12	-0.3	3:11	-0.2	6:41	4:55	
14	Tue	9:17	3.3	9:40	2.4	3:02	-0.3	4:02	-0.1	6:42	4:54	
15	Wed	10:08	3.2	10:32	2.4	3:51	-0.2	4:54	0.0	6:43	4:54	
16	Thu	11:01	3.0	11:26	2.3	4:42	-0.1	5:49	0.1	6:44	4:53	
17	Fri	11:56	2.8			5:38	0.1	6:47	0.2	6:45	4:52	
18	Sat	12:23	2.2	12:50	2.6	6:40	0.2	7:45	0.3	6:46	4:52	
19	Sun	1:21	2.1	1:45	2.4	7:47	0.4	8:42	0.4	6:47	4:51	
20	Mon	2:23	2.1	2:43	2.2	8:54	0.5	9:35	0.4	6:48	4:50	
21	Tue	3:30	2.1	3:46	2.1	10:00	0.5	10:25	0.4	6:49	4:50	
22	Wed	4:34	2.2	4:45	2.0	11:01	0.5	11:09	0.4	6:50	4:49	
23	Thu	5:24	2.3	5:34	1.9	11:53	0.5	11:49	0.3	6:51	4:49	
24	Fri	6:06	2.4	6:16	1.9			12:41	0.4	6:52	4:49	
25	Sat	6:45	2.5	6:56	1.9	12:27	0.3	1:25	0.3	6:53	4:48	
26	Sun	7:23	2.6	7:36	1.9	1:05	0.2	2:06	0.3	6:54	4:48	
27	Mon	8:00	2.6	8:15	1.9	1:43	0.2	2:44	0.2	6:55	4:47	
28	Tue	8:38	2.6	8:53	2.0	2:21	0.2	3:19	0.2	6:56	4:47	
29	Wed	9:15	2.6	9:31	2.0	2:58	0.1	3:53	0.2	6:57	4:47	
30	Thu	9:53	2.6	10:11	1.9	3:36	0.1	4:28	0.2	6:58	4:47	