

Cape Charles Harbor, VA - Jan 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	11:37	2.3			5:32	-0.2	6:09	-0.3	7:18	4:57	
2	Tue	12:05	2.0	12:23	2.1	6:26	-0.1	6:56	-0.3	7:18	4:58	
3	Wed	12:55	2.1	1:12	2.0	7:26	-0.1	7:47	-0.3	7:18	4:58	
4	Thu	1:49	2.1	2:06	1.9	8:30	0.0	8:42	-0.3	7:18	4:59	
5	Fri	2:50	2.2	3:09	1.7	9:40	0.0	9:41	-0.3	7:18	5:00	
6	Sat	3:59	2.3	4:21	1.7	10:52	0.0	10:44	-0.3	7:18	5:01	
7	Sun	5:09	2.4	5:31	1.7	11:58	-0.1	11:46	-0.4	7:18	5:02	
8	Mon	6:13	2.5	6:34	1.7			1:00	-0.2	7:18	5:03	
9	Tue	7:12	2.6	7:33	1.8	12:46	-0.5	1:57	-0.3	7:18	5:04	
10	Wed	8:06	2.6	8:26	1.9	1:44	-0.5	2:48	-0.4	7:18	5:05	
11	Thu	8:55	2.6	9:15	2.0	2:38	-0.6	3:34	-0.5	7:17	5:06	
12	Fri	9:40	2.5	10:00	2.0	3:28	-0.6	4:16	-0.5	7:17	5:07	
13	Sat	10:21	2.4	10:44	2.1	4:14	-0.5	4:56	-0.4	7:17	5:08	
14	Sun	11:02	2.2	11:28	2.0	5:00	-0.4	5:36	-0.3	7:17	5:09	
15	Mon	11:41	2.1			5:47	-0.2	6:16	-0.2	7:16	5:10	
16	Tue	12:11	2.0	12:20	1.9	6:37	0.0	6:56	-0.1	7:16	5:11	
17	Wed	12:54	1.9	12:59	1.7	7:28	0.1	7:36	0.0	7:16	5:12	
18	Thu	1:38	1.9	1:42	1.5	8:22	0.2	8:18	0.0	7:15	5:13	
19	Fri	2:27	1.8	2:31	1.4	9:21	0.3	9:07	0.1	7:15	5:14	
20	Sat	3:26	1.8	3:32	1.3	10:24	0.3	10:02	0.1	7:14	5:15	
21	Sun	4:32	1.9	4:41	1.3	11:24	0.3	10:59	0.1	7:14	5:16	
22	Mon	5:31	1.9	5:42	1.4			12:16	0.2	7:13	5:17	
23	Tue	6:23	2.0	6:34	1.5			1:04	0.1	7:13	5:18	
24	Wed	7:10	2.1	7:22	1.6	12:45	-0.1	1:48	0.0	7:12	5:19	
25	Thu	7:54	2.3	8:07	1.8	1:34	-0.2	2:28	-0.2	7:12	5:20	
26	Fri	8:34	2.3	8:49	1.9	2:20	-0.4	3:05	-0.3	7:11	5:21	
27	Sat	9:14	2.4	9:31	2.0	3:04	-0.4	3:42	-0.4	7:10	5:22	
28	Sun	9:53	2.4	10:13	2.1	3:47	-0.5	4:19	-0.5	7:10	5:24	
29	Mon	10:34	2.3	10:57	2.2	4:31	-0.5	4:59	-0.5	7:09	5:25	
30	Tue	11:17	2.2	11:44	2.3	5:19	-0.4	5:42	-0.5	7:08	5:26	
31	Wed			12:03	2.1	6:12	-0.3	6:29	-0.5	7:07	5:27	