

Cape Charles Harbor, VA - Mar 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	11:46	2.2			6:00	-0.3	6:06	-0.4	6:35	5:57	
2	Fri	12:16	2.6	12:37	2.0	6:59	-0.1	7:00	-0.3	6:33	5:58	
3	Sat	1:12	2.5	1:32	1.9	8:04	0.0	8:01	-0.1	6:32	5:59	
4	Sun	2:14	2.3	2:37	1.7	9:14	0.2	9:09	0.0	6:30	6:00	
5	Mon	3:32	2.3	3:59	1.7	10:28	0.2	10:23	0.0	6:29	6:01	
6	Tue	4:56	2.2	5:18	1.8	11:34	0.2	11:32	-0.1	6:28	6:02	
7	Wed	6:02	2.3	6:20	2.0			12:31	0.1	6:26	6:03	
8	Thu	6:55	2.3	7:12	2.1	12:33	-0.1	1:21	0.0	6:25	6:04	
9	Fri	7:41	2.4	7:57	2.3	1:28	-0.2	2:05	-0.1	6:23	6:05	
10	Sat	8:21	2.4	8:36	2.4	2:17	-0.2	2:44	-0.1	6:22	6:06	
11	Sun	8:56	2.3	9:12	2.4	3:00	-0.2	3:18	-0.2	6:20	6:07	
12	Mon	9:29	2.3	9:46	2.5	3:38	-0.2	3:48	-0.1	6:19	6:08	
13	Tue	10:01	2.2	10:20	2.4	4:14	-0.1	4:18	-0.1	6:17	6:09	
14	Wed	10:34	2.1	10:55	2.4	4:49	0.0	4:48	0.0	6:16	6:10	
15	Thu	11:09	2.0	11:33	2.3	5:25	0.1	5:21	0.1	6:14	6:11	
16	Fri	11:47	1.9			6:05	0.2	5:58	0.2	6:13	6:12	
17	Sat	12:14	2.2	12:28	1.8	6:50	0.4	6:43	0.3	6:11	6:12	
18	Sun	12:58	2.1	1:12	1.7	7:39	0.5	7:34	0.4	6:10	6:13	
19	Mon	1:48	2.1	2:04	1.6	8:35	0.6	8:33	0.4	6:09	6:14	
20	Tue	2:48	2.0	3:07	1.7	9:38	0.6	9:40	0.4	6:07	6:15	
21	Wed	3:58	2.0	4:19	1.8	10:40	0.5	10:47	0.3	6:06	6:16	
22	Thu	5:04	2.1	5:22	1.9	11:35	0.4	11:47	0.2	6:04	6:17	
23	Fri	5:59	2.3	6:16	2.2			12:24	0.2	6:03	6:18	
24	Sat	6:48	2.4	7:05	2.4	12:43	0.0	1:11	0.0	6:01	6:19	
25	Sun	7:36	2.5	7:54	2.7	1:36	-0.2	1:56	-0.2	6:00	6:20	
26	Mon	8:22	2.6	8:41	2.9	2:26	-0.3	2:40	-0.3	5:58	6:21	
27	Tue	9:08	2.6	9:27	3.0	3:15	-0.4	3:24	-0.4	5:56	6:21	
28	Wed	9:54	2.5	10:15	3.0	4:03	-0.4	4:08	-0.4	5:55	6:22	
29	Thu	10:41	2.4	11:06	3.0	4:53	-0.3	4:54	-0.3	5:54	6:23	
30	Fri	11:32	2.3			5:48	-0.2	5:47	-0.2	5:52	6:24	
31	Sat	12:01	2.8	12:26	2.2	6:48	0.0	6:46	-0.1	5:51	6:25	