































Cape Charles Harbor, VA - Aug 1990

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|-----|-------|-----|-------|-----|----------|-----|---|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Wed | 5:28 | 1.7 | 6:08 | 2.4 | 12:09 | 0.7 | 11:41 AM | 0.6 | 6:08 | 8:12 |  |
| 2 | Thu | 6:29 | 1.8 | 7:00 | 2.5 | 12:59 | 0.6 | 12:36 | 0.5 | 6:09 | 8:11 |  |
| 3 | Fri | 7:20 | 1.9 | 7:47 | 2.5 | 1:46 | 0.5 | 1:27 | 0.5 | 6:10 | 8:10 |  |
| 4 | Sat | 8:08 | 2.1 | 8:32 | 2.6 | 2:29 | 0.5 | 2:17 | 0.4 | 6:11 | 8:09 |  |
| 5 | Sun | 8:52 | 2.2 | 9:13 | 2.7 | 3:08 | 0.3 | 3:04 | 0.3 | 6:11 | 8:08 |  |
| 6 | Mon | 9:34 | 2.3 | 9:53 | 2.7 | 3:45 | 0.2 | 3:48 | 0.2 | 6:12 | 8:07 |  |
| 7 | Tue | 10:14 | 2.5 | 10:31 | 2.7 | 4:21 | 0.1 | 4:30 | 0.2 | 6:13 | 8:05 |  |
| 8 | Wed | 10:55 | 2.6 | 11:11 | 2.7 | 4:56 | 0.1 | 5:12 | 0.2 | 6:14 | 8:04 |  |
| 9 | Thu | 11:37 | 2.7 | 11:53 | 2.6 | 5:33 | 0.0 | 5:58 | 0.2 | 6:15 | 8:03 |  |
| 10 | Fri | | | 12:21 | 2.8 | 6:14 | 0.0 | 6:49 | 0.3 | 6:16 | 8:02 |  |
| 11 | Sat | 12:38 | 2.5 | 1:09 | 2.8 | 6:59 | 0.1 | 7:45 | 0.3 | 6:17 | 8:01 |  |
| 12 | Sun | 1:26 | 2.4 | 2:00 | 2.8 | 7:49 | 0.1 | 8:46 | 0.4 | 6:17 | 8:00 |  |
| 13 | Mon | 2:18 | 2.2 | 2:56 | 2.8 | 8:43 | 0.2 | 9:52 | 0.5 | 6:18 | 7:59 |  |
| 14 | Tue | 3:17 | 2.1 | 4:00 | 2.8 | 9:43 | 0.2 | 11:02 | 0.5 | 6:19 | 7:57 |  |
| 15 | Wed | 4:26 | 2.1 | 5:14 | 2.8 | 10:50 | 0.3 | | | 6:20 | 7:56 |  |
| 16 | Thu | 5:43 | 2.1 | 6:24 | 2.8 | 12:10 | 0.4 | 11:58 AM | 0.2 | 6:21 | 7:55 |  |
| 17 | Fri | 6:52 | 2.2 | 7:26 | 2.9 | 1:11 | 0.4 | 1:03 | 0.2 | 6:22 | 7:54 |  |
| 18 | Sat | 7:51 | 2.4 | 8:21 | 2.9 | 2:07 | 0.3 | 2:04 | 0.1 | 6:22 | 7:52 |  |
| 19 | Sun | 8:45 | 2.6 | 9:10 | 2.9 | 2:58 | 0.2 | 3:01 | 0.1 | 6:23 | 7:51 |  |
| 20 | Mon | 9:34 | 2.7 | 9:54 | 2.9 | 3:43 | 0.1 | 3:52 | 0.1 | 6:24 | 7:50 |  |
| 21 | Tue | 10:18 | 2.8 | 10:35 | 2.8 | 4:24 | 0.1 | 4:39 | 0.1 | 6:25 | 7:48 |  |
| 22 | Wed | 11:00 | 2.8 | 11:13 | 2.7 | 5:01 | 0.1 | 5:23 | 0.2 | 6:26 | 7:47 |  |
| 23 | Thu | 11:40 | 2.8 | 11:51 | 2.5 | 5:37 | 0.2 | 6:07 | 0.3 | 6:27 | 7:46 |  |
| 24 | Fri | | | 12:20 | 2.8 | 6:13 | 0.3 | 6:53 | 0.5 | 6:27 | 7:44 |  |
| 25 | Sat | 12:30 | 2.3 | 1:01 | 2.7 | 6:50 | 0.4 | 7:42 | 0.6 | 6:28 | 7:43 |  |
| 26 | Sun | 1:11 | 2.2 | 1:43 | 2.6 | 7:30 | 0.6 | 8:33 | 0.7 | 6:29 | 7:42 |  |
| 27 | Mon | 1:54 | 2.1 | 2:28 | 2.5 | 8:14 | 0.7 | 9:27 | 0.8 | 6:30 | 7:40 |  |
| 28 | Tue | 2:40 | 2.0 | 3:19 | 2.5 | 9:03 | 0.8 | 10:25 | 0.9 | 6:31 | 7:39 |  |
| 29 | Wed | 3:35 | 1.9 | 4:20 | 2.4 | 10:00 | 0.8 | 11:25 | 0.9 | 6:32 | 7:37 |  |
| 30 | Thu | 4:42 | 1.9 | 5:27 | 2.5 | 11:04 | 0.8 | | | 6:32 | 7:36 | |
| 31 | Fri | 5:51 | 2.0 | 6:25 | 2.5 | 12:19 | 0.8 | 12:05 | 0.7 | 6:33 | 7:35 | |