
































Cape Charles Harbor, VA - Nov 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	7:01	3.1	7:23	2.6	12:52	0.1	1:40	0.1	6:28	5:06	
2	Fri	7:50	3.3	8:14	2.6	1:40	-0.1	2:32	0.0	6:29	5:05	
3	Sat	8:40	3.4	9:04	2.6	2:28	-0.1	3:23	-0.1	6:30	5:04	
4	Sun	9:30	3.4	9:54	2.6	3:16	-0.2	4:13	0.0	6:31	5:03	
5	Mon	10:22	3.3	10:47	2.5	4:06	-0.1	5:06	0.1	6:32	5:02	
6	Tue	11:17	3.2	11:45	2.4	4:58	0.0	6:05	0.2	6:33	5:01	
7	Wed			12:16	3.0	5:58	0.1	7:07	0.3	6:34	5:00	
8	Thu	12:45	2.3	1:15	2.8	7:05	0.3	8:10	0.4	6:35	4:59	
9	Fri	1:49	2.3	2:18	2.6	8:16	0.4	9:11	0.4	6:36	4:58	
10	Sat	2:59	2.3	3:27	2.4	9:28	0.4	10:09	0.4	6:37	4:58	
11	Sun	4:12	2.4	4:34	2.3	10:36	0.4	11:00	0.3	6:38	4:57	
12	Mon	5:13	2.5	5:29	2.2	11:36	0.4	11:47	0.3	6:40	4:56	
13	Tue	6:02	2.6	6:16	2.2			12:30	0.4	6:41	4:55	
14	Wed	6:45	2.7	6:58	2.2	12:29	0.3	1:18	0.3	6:42	4:54	
15	Thu	7:24	2.8	7:37	2.1	1:09	0.2	2:03	0.3	6:43	4:54	
16	Fri	8:01	2.8	8:14	2.1	1:47	0.2	2:42	0.3	6:44	4:53	
17	Sat	8:36	2.8	8:51	2.1	2:24	0.2	3:18	0.3	6:45	4:52	
18	Sun	9:11	2.7	9:27	2.1	2:59	0.2	3:52	0.3	6:46	4:52	
19	Mon	9:47	2.7	10:04	2.0	3:33	0.3	4:26	0.3	6:47	4:51	
20	Tue	10:25	2.6	10:43	2.0	4:08	0.3	5:01	0.4	6:48	4:51	
21	Wed	11:04	2.5	11:25	2.0	4:46	0.4	5:40	0.4	6:49	4:50	
22	Thu	11:46	2.4			5:29	0.5	6:23	0.4	6:50	4:50	
23	Fri	12:10	1.9	12:30	2.3	6:18	0.5	7:09	0.4	6:51	4:49	
24	Sat	12:57	2.0	1:16	2.2	7:14	0.6	7:58	0.4	6:52	4:49	
25	Sun	1:48	2.0	2:06	2.2	8:14	0.5	8:48	0.3	6:53	4:48	
26	Mon	2:44	2.1	3:03	2.1	9:18	0.5	9:41	0.2	6:54	4:48	
27	Tue	3:45	2.3	4:05	2.1	10:24	0.4	10:35	0.1	6:55	4:47	
28	Wed	4:46	2.5	5:06	2.1	11:26	0.2	11:28	-0.1	6:56	4:47	
29	Thu	5:42	2.7	6:03	2.2			12:24	0.1	6:57	4:47	
30	Fri	6:36	2.9	6:59	2.2	12:20	-0.2	1:22	-0.1	6:58	4:47	