

































Cape Charles Harbor, VA - Jan 2001

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	12:51	1.7	1:06	1.9	7:10	0.2	7:42	0.0	7:18	4:57	
2	Tue	1:38	1.8	1:53	1.8	8:06	0.2	8:29	0.0	7:18	4:58	
3	Wed	2:30	1.8	2:46	1.7	9:07	0.2	9:21	-0.1	7:18	4:59	
4	Thu	3:29	1.9	3:48	1.7	10:12	0.2	10:17	-0.1	7:18	5:00	
5	Fri	4:32	2.1	4:52	1.7	11:15	0.0	11:13	-0.3	7:18	5:00	
6	Sat	5:30	2.3	5:52	1.8			12:15	-0.1	7:18	5:01	
7	Sun	6:26	2.5	6:50	1.9	12:08	-0.4	1:12	-0.3	7:18	5:02	
8	Mon	7:22	2.7	7:46	2.0	1:04	-0.5	2:07	-0.5	7:18	5:03	
9	Tue	8:16	2.8	8:40	2.1	1:59	-0.7	2:59	-0.6	7:18	5:04	
10	Wed	9:08	2.8	9:32	2.1	2:53	-0.8	3:49	-0.7	7:18	5:05	
11	Thu	9:59	2.8	10:24	2.2	3:46	-0.8	4:38	-0.7	7:17	5:06	
12	Fri	10:50	2.7	11:17	2.2	4:39	-0.7	5:28	-0.6	7:17	5:07	
13	Sat	11:42	2.5			5:35	-0.6	6:21	-0.5	7:17	5:08	
14	Sun	12:12	2.2	12:34	2.3	6:36	-0.5	7:15	-0.4	7:17	5:09	
15	Mon	1:08	2.1	1:25	2.1	7:39	-0.3	8:09	-0.4	7:16	5:10	
16	Tue	2:06	2.1	2:20	1.8	8:45	-0.1	9:04	-0.3	7:16	5:11	
17	Wed	3:11	2.1	3:23	1.6	9:53	0.0	10:00	-0.2	7:16	5:12	
18	Thu	4:22	2.1	4:34	1.5	10:59	0.0	10:56	-0.2	7:15	5:13	
19	Fri	5:23	2.1	5:37	1.5	11:58	0.0	11:48	-0.1	7:15	5:14	
20	Sat	6:16	2.1	6:29	1.5			12:51	0.0	7:14	5:15	
21	Sun	7:02	2.2	7:16	1.6	12:37	-0.2	1:39	-0.1	7:14	5:16	
22	Mon	7:44	2.2	7:57	1.6	1:24	-0.2	2:22	-0.1	7:13	5:17	
23	Tue	8:22	2.2	8:35	1.7	2:08	-0.2	2:59	-0.2	7:13	5:18	
24	Wed	8:57	2.2	9:11	1.8	2:47	-0.2	3:32	-0.2	7:12	5:19	
25	Thu	9:31	2.2	9:46	1.8	3:23	-0.2	4:02	-0.2	7:11	5:21	
26	Fri	10:05	2.2	10:21	1.8	3:57	-0.2	4:33	-0.2	7:11	5:22	
27	Sat	10:39	2.1	10:58	1.8	4:32	-0.2	5:04	-0.2	7:10	5:23	
28	Sun	11:15	2.0	11:37	1.9	5:10	-0.1	5:39	-0.2	7:09	5:24	
29	Mon	11:53	1.9			5:52	0.0	6:17	-0.2	7:09	5:25	
30	Tue	12:18	1.9	12:33	1.8	6:39	0.0	7:00	-0.1	7:08	5:26	
31	Wed	1:02	1.9	1:17	1.7	7:32	0.1	7:47	-0.1	7:07	5:27	