

































Cape Charles Harbor, VA - Jan 2004

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	4:21	2.0	4:29	1.5	11:05	0.2	10:47	0.0	7:17	4:56	
2	Fri	5:15	2.0	5:25	1.5	11:59	0.2	11:33	0.0	7:18	4:57	
3	Sat	6:02	2.1	6:14	1.5			12:49	0.1	7:18	4:58	
4	Sun	6:44	2.2	7:00	1.5	12:17	0.0	1:34	0.1	7:18	4:59	
5	Mon	7:26	2.2	7:43	1.6	1:01	-0.1	2:16	0.0	7:18	5:00	
6	Tue	8:06	2.3	8:24	1.6	1:45	-0.1	2:53	-0.1	7:18	5:01	
7	Wed	8:44	2.3	9:02	1.7	2:27	-0.2	3:26	-0.1	7:18	5:02	
8	Thu	9:21	2.3	9:40	1.7	3:06	-0.2	3:58	-0.2	7:18	5:02	
9	Fri	9:57	2.3	10:19	1.8	3:44	-0.2	4:32	-0.2	7:18	5:03	
10	Sat	10:35	2.2	10:59	1.8	4:24	-0.2	5:07	-0.2	7:18	5:04	
11	Sun	11:14	2.2	11:43	1.9	5:06	-0.2	5:47	-0.2	7:17	5:05	
12	Mon	11:56	2.1			5:54	-0.1	6:30	-0.2	7:17	5:06	
13	Tue	12:29	1.9	12:41	2.0	6:48	-0.1	7:17	-0.2	7:17	5:07	
14	Wed	1:18	2.0	1:29	1.9	7:47	0.0	8:08	-0.2	7:17	5:08	
15	Thu	2:12	2.0	2:24	1.7	8:51	0.0	9:03	-0.3	7:17	5:09	
16	Fri	3:15	2.1	3:30	1.6	10:01	0.0	10:04	-0.3	7:16	5:10	
17	Sat	4:24	2.2	4:42	1.6	11:11	-0.1	11:06	-0.4	7:16	5:11	
18	Sun	5:31	2.4	5:50	1.7			12:16	-0.2	7:15	5:12	
19	Mon	6:33	2.5	6:53	1.8	12:08	-0.5	1:17	-0.3	7:15	5:13	
20	Tue	7:32	2.6	7:52	1.9	1:08	-0.6	2:14	-0.4	7:15	5:14	
21	Wed	8:27	2.7	8:45	2.0	2:07	-0.6	3:05	-0.5	7:14	5:15	
22	Thu	9:17	2.7	9:35	2.0	3:01	-0.7	3:52	-0.5	7:14	5:17	
23	Fri	10:03	2.6	10:22	2.1	3:52	-0.7	4:36	-0.5	7:13	5:18	
24	Sat	10:48	2.5	11:09	2.1	4:41	-0.6	5:19	-0.5	7:12	5:19	
25	Sun	11:32	2.3	11:56	2.0	5:31	-0.4	6:03	-0.4	7:12	5:20	
26	Mon			12:14	2.0	6:24	-0.2	6:47	-0.3	7:11	5:21	
27	Tue	12:42	2.0	12:56	1.8	7:19	0.0	7:30	-0.1	7:11	5:22	
28	Wed	1:27	1.9	1:39	1.6	8:15	0.1	8:13	0.0	7:10	5:23	
29	Thu	2:16	1.9	2:27	1.5	9:16	0.2	9:00	0.0	7:09	5:24	
30	Fri	3:13	1.8	3:26	1.3	10:20	0.3	9:53	0.1	7:08	5:25	
31	Sat	4:20	1.8	4:36	1.3	11:20	0.3	10:48	0.1	7:08	5:26	